

Summer Program Guide





Art

Basketball

Bowling

Cheer/Pom

Crafts

Dance

Disc Golf

Golf

Gaming

Running

Photography

Pickleball

Soccer

Special Events

Swimming

Taekwondo

Tennis

Tiny Tot Camps

Volleyball

Wrestling

ottawarecreation.org



2024 OTTAWA RECREATION SUMMER PROGRAM INFORMATION

3 different ways to register:

- Register Online: Visit our website www.ottawarecreation.org to register online. A fee applies when registering online.
- 2. Registration by Mail: Follow the directions on the registration form, attach a check (made out to Ottawa Recreation) or cash, and mail it to: Ottawa Recreation 301 W. Madison St., Ottawa IL 61350
- Registration over the Phone: Give us a call anytime between 9am-12pm and 1pm-4pm. We are able to get you registered over the phone and take card payments (fees still apply) over the phone.

More information regarding camps/activities:

- Registration is on a first—received, first-registered basis.
- Most camps require a minimum of 8 participants by Thursday before the camp begins.
- Ottawa Recreation will contact you if a camp is closed due to low enrollment.
- Ottawa Recreation charges a \$5.00 recreation fee per participant per activity for those families residing outside of Ottawa Gty Limits. *No outside limits household shall pay more than \$20 extra for the summer season*
- All of the activities listed in the brochure are supervised by one or more adult directors.
- Ottawa Recreation offers a scholarship program for families with financial needs. (Must provide some forms of documentation. Please call or email for more information)
- Ottawa Recreation may use children's images for publicity purposes. Ottawa Recreation is not responsible for pictures taken by any media outlet. If you do not wish to have your child's photo used make sure that you fill it out during the time of registration or ask your park supervisor for a form.

Overview:

Ottawa Recreation offers programs throughout the year; especially in the summer to provide recreational opportunities for the citizens of Ottawa and the surrounding area. The Recreation Board members are committed to providing quality recreational opportunities with the lowest possible fee to the greatest number of people.

Playground Activities and Guidelines:

Two park supervisors will be on duty from 9am—12 (noon) or 1-4pm Monday—Friday (except special event days and holidays). These supervisors will have equipment, games, contests, and special activities. Ottawa Recreation is NOT a childcare service. Check the schedule below to see if your park is morning or afternoon. There is no fee to use the recreation equipment. No registration needed. Parents are encouraged to come to the parks with their children. Children using Ottawa Recreation equipment are expected to respect the supervisors, other children, and the equipment facilities. Any violence, threats, bullying, destructive behavior, racist remarks, swearing, or other unacceptable behavior will not be tolerated and may result in loss of access to Ottawa Recreation equipment and a police report being filed.

Morning Parks (9am-12 noon): Lincoln School, Turnberry,

Afternoon Parks (1pm-4pm): Rigden, McKinley

Morning and Afternoon Parks: Kiwanis Park, Lincoln-Douglas, East Side and Grand Ridge

Summer Office Location

301 W. Madison St, Ottawa

(Basement of City Hall)

Phone (815) 434-7292

Summer Office Hours

9:00—12:00 weekday mornings

1:00—4:00 weekday afternoons

Our Website:

www.ottawarecreation.org

Our Email:

cityrec@cityofottawa.org

Like us on Facebook, Twitter and

Instagram







Recreation Board Members

President: Brent Roalson

Ryan Cantilin

Phil McNally

Maribeth Manigold

Melissa Hulse

Sarah Nanouski

Steve Brenbarger

Randy Bretag

Jason Rix

Child 3 Name _____ Age___ Shirt Size____ Child 4 Name ____ Age___ Shirt Size____

PROGRAM/CAMP	FEE	PARTICIPANTS NAME	SESSION	TOTAL	INITIALS
5, 5			0_00.0.1	FEE	
Crafts	\$5.00				
Tiny Tots Crafts	\$5.00				
Art Camp	\$32.00				
Boys Basketball Camp	\$32.00				
Girls Basketball Skills Camp	\$32.00				
Shoot the Rock Bball Camp	\$32.00				
Camp Hustle Bball Camp	\$32.00				
Girls Basketball: Hoop It Up!	\$32.00				
Bowling at Dettores Lanes	\$32.00				
Cheer Camp Only	\$25.00				
Pom Camp Only	\$25.00				
Cheer and Pom Camp	\$35.00				
DIMA Institute "Little Ninjas"	\$35.00				
DIMA Institute "Taekwondo"	\$35.00				
Safety Town	\$32.00				
Professional Soccer Camp	\$60.00				
Preschool Swim Lessons	\$32.00				
Progressive Swim Lessons	\$32.00				
Urban Photo Safari	\$40.00				
Disc Golf Camp	\$32.00				
Munchkin Tennis	\$30.00				
Tennis Lessons	\$75.00				
OHS Volleyball Clinic	\$32.00				
Volley Tots Camp	\$32.00				
Beginner Wrestling Camp	\$32.00				

More Camps/Activities on Back

PROGRAM/CAMP	FEE	PARTICIPANTS NAME	SESSION	TOTAL FEE	INITIALS
Pickleball Basics	\$32.00				
Goblin Gaming	\$32.00				
Girls Wrestling Camp	\$32.00				
Ottawa Rec Running Camp	\$32.00				
OTHS Yearbook Camp	\$32.00				
In Ottawa City Limits? Yes	s No If	no, add \$5.00 per person per activity up to \$20.00 f	·	Subtotal: Total Fees: Total:	

Ottawa Recreation Photo Release "Opt Out" Form

Photo Release "Opt Out" Form to be completed for each individual child at the time of registration.

Child's Name
(Print:)
Parent/Guardian Name (Print:)
Date:
City Recreation Program(s) child is attending:

As parent/guardian you have the right to opt your child out from images/photographs and videos associated with Ottawa, Illinois City Recreation Program 2024. If you wish to opt out, you must check the box below, sign and date at the time of registration. This election shall remain in effect from the remainder of your child's time with Ottawa, Illinois City Recreation Program 2024.

If you are electing to OPT OUT, please check the box below:

PLEASE	E DO NOT PUBLISH OR	IN ANY WAY USE	MY CHILD'S IMA	GE/PHOTO AND/	OR VIDEO FOR	ANY PURPOSE.
	** IF YOU ARE OPTING	OUT, THE FORM I	NEEDS TO BE CO	MPLETED AT TIM	E OF REGISTRAT	ΓΙΟΝ **
Parent/Guardia	an Signature					

Date

FREE SWIM and SWIM LESSONS

Ottawa City Recreation Swimming

ALL PARKS FREE SWIM MONDAYS!!

All Ottawa City Rec Park kids ages 8-14, swim free every Monday during our Summer Parks Program schedule. NCAT will provide transportation from all of our parks each Monday and return them back to their park by 4:00pm.

Dates: June 17th, 24th July 8th, 14th and 21st. Times 12pm—3pm

See you Park Supervisor for Bus pick up times.

All swimmers will be swim tested.

All Park/Rec kids must enter pool with a Rec Supervisor to swim free.

Kids 8 and older that DO NOT RIDE the bus from the park to the pool must pay to get in.

Adults and other children 15 years old and up must pay to enter.

FREE Swim could be cancelled at any time due to weather conditions.

Parents must sign a waiver in order for child to ride the bus and participate in the free swim days.



Riordan Preschool Swim Lessons

This is a swim program designed for preschoolers, ages 3-5, to learn basic swimming skills and safety in and around the water. Kids will learn basic swimming skills through songs and games to help them feel comfortable in the water. Swim skills include blowing bubbles, floating, kicking, and scooping. The last day will be parent swim day.

Limit 20 per session (minimum of 5)

Instructors: YMCA Swim Staff **Location:** Ottawa Riordan Pool

When: Monday—Thursday

Riordan	Progra	ανίσο	Swim	Laccond
MOLGALI	1 I OUI C	-331 V C		LC33O113

This is a progressive swim lesson program for children ages 6-12. Children will be placed in instructional groups based on ability. They will progress from basic swimming skills such as floating, kicking, and scooping, to more advanced strokes such as freestyle and backstroke.

Limit 20 per session (minimum of 5)

Instructors: YMCA Swim Staff

Location: Ottawa Riordan Pool

When: Monday—Thursday

AGE	DAY	DATE	TIME	SESSION	FEE
3-5	M-TH	6/17-6/20	5:30-6pm	1	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
3-5	M-TH	6/24-6/27	5:30-6pm	2	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
3-5	M-TH	7/8-7/11	5:30-6pm	3	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
3-5	M-TH	7/15-7/18	5:30-6pm	4	\$32.00

AGE	DAY	DATE	TIME	SESSION	FEE
6-12	M-TH	6/17-6/20	6:10-6:40pm	1	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
6-12	M-TH	6/24-6/27	6:10-6:40pm	2	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
6-12	M-TH	7/8-7/11	6:10-6:40pm	3	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
6-12	M-TH	7/15-7/18	6:10-6:40pm	4	\$32.00

Interested in renting out the pool??

Please contact Courtney DeArcos at cdearcos@cityofottawa.org for more information.

BASKETBALL CAMPS

Boys Basketball Camp

Come become a part of the tradition of Pirate Basketball. The camp will include emphasis on fundamentals and techniques of shooting, ball handling, passing, and defense, as well as contests and games. Meet members of the Ottawa basketball coaching staff and varsity team. T-shirt included.

Instructor: Supervised by Ottawa High School Varsity Boys Coach Mark Cooper

Location: First session meets in Kingman Gym Lobby, Ottawa High School.

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 11th & 12th	T-F	5/28-5/31	8:00-9:30am	1	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 10th	T-F	5/28-5/31	9:30-11am	2	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 9th	T-F	5/28-5/31	11-12:30pm	3	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 7th&8th	M-TH	6/10-6/13	8:00-9:15am	4	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 5th&6th	M-TH	6/10-6/13	9:15-10:30am	5	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 3rd&4th	M-TH	6/10-6/13	10:30-11:30am	6	\$32.00

Girls Basketball: Hoop It Up!

This camp is for any and all 5th & 6th or 7th & 8th grade girls who are interested in learning the fundamental skills of the game of basketball. The camp will include numerous drills to improve the participants' skill level. There will be daily contest and full court action. T-shirt included.

Instructor: Craig Shymanski **Location:** Shepherd Gym

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 5th & 6th	M-TH	6/17-6/20	9-10:30am	1	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE

Girls Basketball Skills Camp

These camps introduce girls to the fundamentals of the game of basketball! OHS Varsity Head Coach Brent Moore and his staff will raise your game to the next level through combination of drills and competitive games. Become a part of the Lady Pirates winning Tradition! T-shirt included.

Instructor: Ottawa High School Varsity Girls Coach Brent Moore **Location:** First session meets in Kingman Gym Lobby, Ottawa High School.

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 3rd, 4th, & 5th	M-TH	6/10-6/13	12-1:15pm	1	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 6th, 7th, & 8th	M-TH	6/10-6/13	1:15-2:30pm	2	\$32.00

Camp Hustle Basketball Camp

A fun camp for first through fourth grade students to begin developing the basic skills of basketball. Games and competitions daily. This is a four-day camp for boys and girls. T-shirt included.

Instructor: Craig Shymanski

Location: TBD

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 1st & 2nd	M-TH	7/15-7/18	12:45-1:45pm	1	\$32.00
CDADE	D47	DATE	TIME	SESSION	FEE
GRADE	DAY	DATE	IIIVIE	SESSION	FEE

Shoot the Rock Basketball Camp

This boys basketball camp held at Shepherd Middle School is designed to teach the fundamentals of basketball to students in grade 5 through 8. Players will compete skill stations which include dribbling, shooting, passing, and defense. There will also be plenty of games and competitions throughout the camp. T-shirt included.

Instructor: Craig Shymanski **Location:** Shepherd Gym

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 5th & 6th	M-TH	6/24-6/27	9-10:30am	1	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
CIVIDE	ואט	DATE	IIIVIE	31331014	FEE

WRESTLING and DIMA INSTITUTE

Beginning Wrestling

Wrestling is one of the oldest sports and a martial art. Almost every dominate MMA fighter has a wrestling background. This camp is designed to teach the basics of wrestling. We will work at a slower pace and will teach the basic moves that lead to success in the sport. In this camp, we will work specifically on stance, movement, starting positions, takedowns, escapes, reversals and turns. Attacking will be taught at all levels. T-shirt included.

Instructor: Pete Marx, OHS Head Wrestling Coach

Location: OHS Cafeteria

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 1st-4th	M-TH	6/10-6/13	9:00-10:00am	1	\$32.00

Girls Wrestling Camp

This camp is appropriate for female athletes of all skill levels in grades 6th-8th. Wrestlers will have the opportunity to train with other young women wrestlers to help build a strong foundation in the sport. In this camp we show you techniques and finishes from the feet, including collar tie offense, trips and throws. We will also focus on tilts and turns, reversal series, and various pinning combinations. Wrestlers should bring headgear if they have it. T-shirt included.

Instructor: Pete Marx, OHS Head Wrestling Coach

Location: OHS Cafeteria

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 6th-8th	M-TH	6/10-6/13	10:00-11:00am	1	\$32.00



"Little Ninjas" Martial Arts Training

This is an awesomely fun camp for younger martial arts enthusiasts! We improve body control through lots of highly energetic games and drills. Students will learn basic kicks, blocks, and punches on the first three days. On Thursday, we invite family and friends to watch the students demonstrate their new skills and break a board. **Maximum number of participants: 20**

Taught by: Professional Black Belt Masters

Location: Duque Institute Facility 4022 Tyler Drive. Left off of the road to Wal-Mart.

AGE	DAY	DATE	TIME	SESSION	FEE
5-7	M-TH	6/10-6/13	1:00-2:00pm	1	\$35.00
5-7	M-TH	6/17-6/20	1:00-2:00pm	2	\$35.00

^{*}Please wear comfortable athletic clothing and bring a water bottle. Students will be barefoot.*



Taekwondo Martial Arts Training

Taekwondo Martial Arts is a highly energetic camp for 8-10 year olds. Instructors teach basic Taekwondo skills—kicks, blocks, and punches—as well as lots of games and fun. This camp is great for building self confidence by trying and enjoying new challenges and gaining new skills. On Thursday, we invite family and friends to watch the students demonstrate their new skills and break a board. **Maximum number of participants: 20**

Taught by: Professional Black Belt Masters

Location: Duque Institute Facility 4022 Tyler Drive. Left off of the road to Wal-Mart.

AGE	DAY	DATE	TIME	SESSION	FEE
8-10	M-TH	7/08-7/11	12:00-1pm	1	\$35.00

^{*}Please wear comfortable athletic clothing and bring a water bottle. Students will be barefoot.*

TENNIS CAMPS and TOURNAMENT

MUNCHKINS TENNIS LESSONS

Ottawa High School

OHS Tennis Courts

An introductory tennis program offered for players who are entering first or second grades. Instructors use games and contests to teach basic racket skills, rules, and play skill games. A great introduction to the sport! T-shirt included.

GRADE	DAY	DATE	TIME	SESSION	FEE
K-2	M/W/F	6/3-7/19	8:30-9:00am	1	\$30

TENNIS LESSONS / OPEN PLAY

Ottawa High School

OHS Tennis Courts



This is a progressive program of skill development from players of all levels. Lessons include basic strokes, scoring, and competitive games and tournaments. Players are encouraged to enter the Ottawa Recreation Tennis Tournament held mid-July. Adults may stop at OHS Courts during lessons to arrange evening lessons. T-shirt included.

Ask about our racket loaner program.

\$75.00 Lesson Fee covers tournament entry.

Instructors: Recreation Tennis Crew

Elem 3rd-5th grade Session 1

JR HS 6th—8th grade Session 2

HS Boys & Girls (Lessons) Session 3

HS Boys & Girls (Open Play) Session 4

Grade	Day	Date	Time	Session	Fee
3rd-5th	M-F	6/3-7/19	9:00-10:00am	1	\$75.00
Grade	Day	Date	Time	Session	Fee
6th-8th	M-F	6/3-7/19	9:00-10:30am	2	\$75.00
Grade	Day	Date	Time	Session	Fee
9th-12th	M-F	6/3-7/19	10:30-Noon	3	\$75.00
Grade	Day	Date	Time	Session	Fee
9th-12th	M-F	6/3-7/19	1:00-2:30pm	4	\$10.00

OTTAWA RECREATION 2024 TENNIS TOURNAMENT

Ottawa High School

OHS Tennis Courts

Ottawa City Recreation will host a tournament at the end of the Summer Season.

Age divisions for Singles-Doubles

10yrs old and under

11-13 years old

14 to 17 years old

18 to 40 years old

Over 40 years olds

Family Competitive

Family Non-Competitive

You can Register for the tournament Online, at the Tennis Courts, or at the Recreation Office by <u>4pm on Wednesday</u>, <u>July 10th</u>.

Trophies awarded.

Location: Ottawa High School Tennis Courts

Tournament Dates: July 15th -19th

Times: TBD

NO COST to enter if in Ottawa city limits.

\$10 FEE to enter if you are outside of city limits.



CHEER, DANCE and VOLLEYBALL

Adult Dance Lessons

No advance registration needed. Free dance classes offered every Tuesday at 602 Catherine Street across from Kiwanis Park. Classes will be gauged to the level of the participants. Bring your bug spray! Call Jane at 434-7258 for more information.

Week of July 16th OFF

Instructors: Jane and Rod Schomas

Location: 602 Catherine Street, Ottawa

SESSION	DAY	DATE	TIME	FEE
Beginning Couples Swing	Tuesdays	6/4-8/6	7pm	Free
Intermediate/Advance Couples Swing	Tuesdays	6/4-8/6	8pm	Free

Cheer Camp

Cheerleaders and Pomerettes are an invaluable part of every community, leading by example and paving the path to success. Show your spirit...join us for a week of CHEER fun. We will learn group and spirit cheers. Great preparation for fall and winter cheer teams!

Instructor: Janelle Nordtvedt OHS Cheerleading Head Coach

Location: Ottawa High School Kingman Gym

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 1st-5th	M-T	7/15-7/18	1pm-2pm	1	\$25.00

Pom Camp

Do you love to dance? Come join us at the Ottawa Recreation dance camp to learn a hip hop, pom and band chant routines.

Instructor: Janelle Nordtvedt OHS Cheerleading Head Coach

Location: Ottawa High School Kingman Gym

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 1st-5th	M-T	7/15-7/18	2pm-3pm	1	\$25.00

Combine both camps: \$35.00

Ottawa High School Volleyball Clinic

Learn the basic and advanced skills for recreational and competitive volleyball with the OHS Staff and players. We will cover passing, serving, setting, hitting, blocking, and basic offense, along with a focus on individual and team skills for game play. T-shirt included.

Instructor: Kristina Kore OHS Volleyball Coach and staff

Location: Ottawa High School (Kingman and Love Gyms)

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 5th-8th	M-TH	7/22-7/25	8:30-10:30am	1	\$32.00

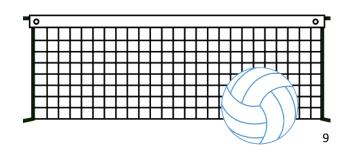
"Volley Tots"

This camp is for kids entering kinder through fourth grade who are interested in experiencing all the fun the sport of volleyball has to offer. Through engaging activities and games, participants will be learning volleyball skills, handeye coordination, court movement, footwork and agility and the basic rules of the game. Everything about this camp is sized just right for the players-the court, the net, and the volleyballs. The coaching staff will include local high school and junior high school coaches and players from local high school varsity volleyball teams. Limit 35 campers. T-shirt included

Instructor: Marquette Volleyball Coaches and Players

Location: Bader Gym

GRADE	DAY	DATE	TIME	SESSION	FEE
K-4th	M-TH	7/15-7/18	1:00-2:00pm	1	\$32.00



ART, CRAFTS, GRAPHIC DESIGN and PHOTOGRAPHY

Art Camp

All sessions teach skills of creating various works of art in an assortment of mediums, including watercolor, sketching, and many others. Skills are age appropriate. Due to limited enrollment early registration is strongly recommended. Enrollment limited to 15 per session. You many only sign up for one session.

Instructor: Lynne Sovero

Location: Ottawa Recreation Office (Basement of City Hall)

AGE	DAY	DATE	TIME	SESSION	FEE
8-10	M-F	6/24-6/28	9am-10am	1	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
8-10	M-F	6/24-6/28	1pm-2pm	2	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
11-13	M-F	6/24-6/28	2pm-3pm	3	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
8-10	M-F	7/15-7/19	9am-10am	4	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
8-10	M-F	7/15-7/19	1pm-2pm	5	\$32.00
AGE	DAY	DATE	TIME	SESSION	FEE
11-13	M-F	7/15-7/19	2pm-3pm	6	\$32.00

Tiny Tots Crafts

This program includes simple crafts, coloring and many surprises. Projects take approximately 1/2 hour to construct. Tiny Tot parents are especially encouraged to stay with their child to assist in the construction of the project.

Location: Morning and Afternoon Parks

AGE	DAY	DATE	TIME	SESSION	FEE
3-6	T/TH	6/4-7/23	10:45am & 2:40pm	1	\$5.00

Summer Parks Crafts

These Craft projects are moderately difficult and involve the use of markers, glue, and scissors. Projects take approximately 1/2 hour to construct.

Location: Morning and Afternoon Parks

AGE	DAY	DATE TIME		SESSION	FEE
7-12	T/TH	6/4-7/23	9:30am-1:30pm	1	\$5.00

OTHS Yearbook Camp

Are you interested in photography and graphic design? Join us at the OTHS Yearbook Camp! Students will learn tips, tricks, and valuable skills from members of the current yearbook staff throughout this week-long camp. They will work with cameras, Photoshop, and Friesens (the high school's yearbook software) to create their very own advertisement for a local downtown business, all while learning interview tactics, page layout, and more. Get ready to become a yearbook staff member with this fun, skill building camp.

Instructor: Yearbook Advisor Erin Byrd

Location: Ottawa High School Library (enter through the front door and head upstairs).

GRADE	DAY	DATE	TIME	SESSION	FEE
7th-12th	M-F	6/3-6/7	9am-Noon	1	\$32.00

Urban Photo Safari

Let Annette take you on an exciting Urban Photo Safari! You and your fellow campers will head out into the urban wild armed with your cameras and an assignment. But first, you will learn how to use your camera and what some of those settings mean. After our equipment review it'll be off to the wilds of Ottawa streetscapes and alleyways to see what we can discover while viewing the seemingly normal world around us from a different point of view.

Campers will be encouraged to look beyond everyday items to discover interesting textures and light patterns. What happens when we look at something from a new perspective? Day two and three will start with a review of what we have learned so far before heading out on a new adventure. After three days of photographing it will be time to edit our assignment down to our best images and select those that will be printed.

This is a chance for everyone to show off their best photographs and for the campers to discuss them and discuss what we have learned throughout the week. The photos will then be displayed at an art show later in the summer (included in cost).

Each session limited to 12 campers and a minimum of 6 participants per camp. Early registration is strongly suggested. Students must bring their own digital cameras with clean memory cards, charged, and extra batteries. A basic, low-cost camera will work just fine.

Instructor: Annette Barr

Location: Annette Barr Photography Studio, 215 W. Main St. Ottawa

Please bring your own water bottle to stay hydrated

GRADE	DAY	DATE	TIME	SESSION	FEE
4th-6th	M/W/F	6/10,6/12,6/14	10:00am-Noon	1	\$40
5th-8th	M/W/F	6/17,6/19,6/21	10:00am-Noon	2	\$40
7th-12th	M/W/F	6/24,6/26,6/28	10:00am-Noon	3	\$40

Art Show for the campers will be Thursday July 11th from 6pm-8pm at the studio 215, W. Main St.

SOCCER and RUNNING

Chicago Fire Soccer Camp

Learn the basic and advanced skills for recreational and competitive soccer with the Chicago Fire Futbol Club! All camps are led by professional, certified youth coaches. Players will interact with their coach through a small group structure each day as they guide each participant through soccer skills and challenges. Sessions are structured around daily themes that take a closer look at the technical soccer skills and holistic soccer concepts.

Location: Peck Park

- Every participant will receive a camp jersey, a postcard, and a ticket to a Chicago Fire FC home match
- Coaching staff will be certified, professional youth coaches from Chicago Fire FC
- Participants will be divided into groups based on age and ability (max coach to player ratio is 1:16)
- All participants are required to bring their own ball, water bottle, and snack

Full-day participants are required to bring their own lunch

AGE	DAY	DATE	TIME	SESSION	FEE
3-5	M-F	07/29-08/02	8am-9am	Little Sparks	\$99.00
6-14	M-F	07/29-08/02	9am-12pm	1/2 Day AM	\$188.00
6-14	M-F	07/29-08/02	1pm-4pm	1/2Day PM	\$188.00
6-14	M-F	07/29-08/02	9am-4pm	Full Day	\$325.00

To register go to:

Little Sparks—https://cffc.sprocketsports.com/registrations/21460

Full Day—<u>https://cffc.sprocketsports.com/registrations/19267</u>

1/2 Day AM—https://cffc.sprocketsports.com/registrations/19265

1/2 Day PM— https://cffc.sprocketsports.com/registrations/19266

OR scan the QR code below!



Professional Level Instruction Soccer Camp

Gordan Raketic, the director or our upper level camp, played professional soccer for 18 years in Europe with teams in Slovenia, Austria, Spain and France. His distinguished career included several runs in the European Champions League, advancing as far as the semifinal round on three separate occasions. After moving to the US, he has trained and coached youth soccer mainly in Wisconsin and Illinois, achieving success at the State and National levels. A large part of that process is instilling the love for the game, a fact to which countless players under his tutelage will give testimony. Ottawa Recreation is excited to offer this high level of soccer camp instruction. A camp taught by an internationally renowned teacher of Gordan's caliber might cost over \$100 in some settings. Ottawa Recreation is proud to be able to offer this camp at a fraction of the cost. Camps include both boys and girls. Players will be divided into age appropriate groups each day at the camp. Players should wear proper shoes, shin guards, athletic shorts and shirts. Campers are encouraged to bring their own water and a soccer ball. Price includes T-shirt.

Location Whitney Field Soccer Field (North of IDOT building off of Champlain St.)

GRADE	DAY	DATE	TIME	SESSION	FEE
Entering 2nd-12th	M-F	6/10-6/14	9:00am-10:30am	1	\$60.00
GRADE	DAY	DATE	TIME	SESSION	FEE

City Rec Running Camp

Learn the basic skills for recreational and competitive running with the OES Cross Country Coaching staff and OHS Varsity Runners. Camp will engage in games, drills, and timed runs and will cover a variety of topics, including nutrition, running mechanics, team building, and injury prevention. Running camp is a great way for kids to be active, have fun and learn a sport which will help them establish goals, gain confidence, and help them excel in other sports. T-shirt included.

Instructor: Nicole Heaver **Location:** Walsh Park

GRADE	DAY DATE		TIME	SESSION	FEE
5th-8th	M/W/F	July 1,3,5,8,10,12	8-9:30am	1	\$32.00

GOLF, BOWLING, and PICKLEBALL

Disc Golf Camp

Want to experience one of the fastest growing sports in the world? Come and join us down at the FOX River Park to learn all about Disc Golf. This camp will focus on the fundamental knowledge and basics surrounding Disc Golf. Providing everyone with a primary understanding of the game and to guide and develop the necessary skill sets required to play the sport. Everything from how to throw, what to throw, and where to throw, all integrated into fun mini-games and practice drills.

T-shirt included.

Throwing Discs provided or use your own.

Instructor: Supervised by Christopher Stone (Professional Disc Golfer and 2022 Illinois State Disc Golf Champion)

Location: All sessions meet at Fox River Park, Ottawa, IL. Near the Disc Golf Kiosk located on the north side of the park (by the Parking Area)

GRADE	DAY	DATE	TIME	SESSION	FEE
3rd-4th	M-F	6/24-6/28	8:00am-9:00am	1	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
5th-6th	M-F	6/24-6/28	9:00am-10:00am	2	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
7th-8th	M-F	6/24-6/28	10am-11:30am	3	\$32.00
GRADE	DAY	DATE	TIME	SESSION	FEE
9th-12th	M-F	6/24-6/28	11:30am-1:00pm	4	\$32.00

Bowling at Dettores Lanes

Bowling at Dettores! You'll bowl a strike of fun every time before you have to split. There's no time to spare—space is limited to the first 28 bowlers per session! If you love to bowl, sign up for both sessions. Dettores lanes offer fun for bowlers of all ages. What a cool way to spend a hot Friday afternoon! Refreshments available for purchase. This is a recreational program. City Rec staff will be there to supervise and help keep score.

Location: Dettores 714 Columbus Street.

AGE	DAY	DATE	TIME	SESSION	FEE
6-14	Fri.	06/14-07/19	1:15pm-2:15pm	1	\$32.00
6-14	Fri.	06/14-07/19	2:30pm-3:30pm	2	\$32.00

Pickleball Basics

Have you ever wanted to learn the basics of Pickleball? Come join us for a weeklong camp for one of the fastest growing sports in the country. Learn how to play the sport, feel comfortable with the terminology, scoring, position, and become confident with the essential fundamentals or improve a stroke or skill.

Limited to 16 participants per session.

Instructor: Amanda Walker and YMCA Staff

Location: Thornton Park

AGE	DAY	DATE	TIME	SESSION	FEE
18+	M-Th	6/24-6/27	5:00-6:00pm	1	\$32
18+	M-Th	7/22-7/25	5:00-6:00pm	2	\$32
18+	M-Th	8/12-8/15	5:00-6:00pm	3	\$32

Pine Hills Golf Lessons

Register through Pine Hills Golf Club with the QR code!!



Pine Hills Golf Club and their US Kids Certified Coaches use game based teaching to teach youth of all ages the game of golf while having fun! The itinerary for the clinics is kept fresh and changes year to year. Pine Hills has loaner clubs and they strongly encourage sharing. Kids do not need their own clubs to sign up.

Instructor: Pine Hills Golf Pro Staff

Location: Pine Hills Golf Course

You MUST register for this camp through Pine Hills. To register, scan the QR Code and reserve your spot, and bring cash payment on day 1.

AGE	DAY	DATE	TIME	FEE
5-7	M-W	6/17-6/19	8:00-9:00am	\$30.00
8-10	8-10 M-W 6/17-6/19		9:30-10:30am	\$30.00
11+	11+ M-W 6/		11:00-Noon	\$30.00

SAFETY TOWN and GAMING

Safety Town

What is Safety Town?

It's a safety education program designed to introduce ALL types of safety conditions to 4 and 5-year-old children. During a 20 hour course (two hours per day for 2 weeks) children learn safety behavior through THEIR OWN involvement. They do this by role-playing to simulated and actual life situations (under the guidance of teachers). Safety songs, art projects, stories, movies, resource people, and field trips combined with the actual practice, make this program a fun learning experience.

Who may attend?

Four and five-year-old children may attend (children must be four by May 1st). Acceptance is on a first-come-first serve basis.

MAX 30 campers per session.

When will Safety Town be held?

The Safety Town program will offer two sessions. The first session is June 17th—June 28th in the morning from 9:00am-11:00am. The second session will be July 15th—July 26th in the morning from 9:00am-11:00am.

Where will Safety Town be held?

Mckinley School will be the location for the program. Due to construction inside the school we will be outside for the whole program.

What is the cost?

A \$32.00 fee is required. A T-shirt is given to all participants. **NOTICE TO FAMILIES LIVING OUTSIDE OTTAWA CITY LIMITS: If you live outside Ottawa city limits, there is a \$5.00 fee per person per activity (limit \$20 per year) if participating in any city-sponsored program. If you live outside the city limits please add this fee. Who can be contacted for guestions concerning the program?

Contact: Bejan at bvroumi@gmail.com

YOU WILL RECIEVE FURTHER INFORMATION THE WEEK PIOR TO YOUR SESSION

AGE	DAY	DATE	TIME	SESSION	FEE
5yrs or 4yrs by May 1	M-F	6/17-6/28	9:00-11:00am	1	\$32.00
5yrs or 4yrs by May 1	M-F	07/15-07/26	9:00-11:00am	2	\$32.00

Goblin Gaming

Attention all gamers! Goblin Gaming is hosting a summer board game camp. Gamers will start off small with learning the rules of many different games and building up to harder structured games. This camp runs through the month of July with the last day (July 31st) hosting both sessions as a camp party/social. Parents are invited on the last day to play and participate with their camper. Space is limited to 15 per session. So early registration is encouraged!

AGE	DAY	DATE	TIME	SESSION	FEE
7-10	Wed.	07/3-07/31	10:30am-Noon	1	\$32.00
11-14	Fri.	07/7-07/31	10:30am-Noon	2	\$32.00

Please look online for our complete list of Park Special Events!