

2023 SUMMER PROGRAM GUIDE



Ottawa,
Illinois

Art
Basketball
Bowling
Cheer / Pom
Crafts
Cross Fitness
Dance
Disc Golf
Fishing
Golf
Photograph
Running
Soccer
Special Events
Swimming
Taekwondo
Tennis
Tiny Tot Camps
Volleyball
Wrestling

.....and more!!
ottawacrecreation.org



Ottawa Recreation 2023 summer programs

A listing of summer activities sponsored by Ottawa Recreation June 6th - July 29th

Four Ways to Register.

- 1. Register Online.** Visit our website **www.ottawarecreation.org** to link to online registration. A fee applies when registering online .
- 2. Registration by Mail** - Follow Directions on Registration Form. Ottawa Recreation accepts only cash or checks for mail-in or walk-in registration
- 3. In Person Registration:** 10:00am — 12:00 and 1:00pm - 4:00p.m. on June 9th at the City Recreation offices (City Hall Basement).
- 4. Before a Camp Starts:** At the Recreation Office beginning June 13th. .

Ottawa Recreation charges a \$5.00 recreation fee per participant per activity for those families residing outside of the Ottawa City limits. No outside limits household shall pay more than \$20 extra for the summer season.

- Registration will be on a first-received, first-registered basis.
- Most camps require a minimum of 8 participants by Thursday before the camp begins.
- All of the activities listed in the brochure are supervised by one or more adult directors.
- Ottawa Recreation offers a scholarship program for families with financial need. (must provide some forms of documentation)
- Ottawa Recreation may use children's images for publicity purposes. Recreation is not responsible for pictures taken by any media outlet.
- Ottawa Recreation will only contact you if a camp is closed; we do not send out reminders.

Overview

Ottawa Recreation offers programs throughout the year, but especially in the summer, to provide recreational opportunities for the citizens of Ottawa and the surrounding area. The Recreation Board members are committed to providing quality recreational opportunities with the lowest possible fee to the greatest number of people.

Playground Activities and Guidelines

Two park supervisors will be on duty from 9 to 12 noon or 1 to 4 p.m. daily (except special event days) to supervise all equipment, games, contests, and special activities (Recreation is not a childcare service). Check the schedule below to see if your park is morning or afternoon. There is no fee to use the recreation equipment. No registration needed. Parents are encouraged to come to the parks with their children. Children using Ottawa Recreation equipment are expected to respect the supervisors, other children, and the equipment and facilities. Any violence, threats, bullying, destructive behavior, racist remarks, swearing, or other unacceptable behavior will not be tolerated and may result in loss of access to Ottawa Recreation equipment and a police report being filed.

Morning Parks (9 to 12 noon): Lincoln School, Turnberry, Kiwanis Park, Lincoln-Douglas Park,

Afternoon Parks (1 to 4 pm): Thornton Park, East Side Park, McKinley School, Rigden Park.

Morning and Afternoon Parks: Grand Ridge Park in Grand Ridge and Broadway Park in Marseilles.

Dave Marvin

Recreation Director

SUMMER OFFICE

301 W. Madison Street, Ottawa
(Basement of City Offices)

Phone (815) 434-7292

Summer office Hours

9:00 - 12:00 weekday mornings

1:00 - 4:00 weekday afternoons

Our Website

www.ottawarecreation.org

Our Email

cityrec@cityofottawa.org

Like us on **Facebook!**



Twitter: [OttawaRecreation
@OTTAWAREC](https://twitter.com/OTTAWAREC)

Instagram: [@ottawacityrec](https://www.instagram.com/ottawacityrec)



RECREATION BOARD MEMBERS

President TBD

Ryan Cantlin,

Phil McNally,

Maribeth Manigold,

Josh Moore,

Brent Roalson,

Kari Hilton,

Steve Brenbarger,

Randy Bretag

PROGRAM REGISTRATION

Parent/Guardian

USE QR CODE TO REGISTER FOR

ALL CITY REC OFFERINGS

First and Last Name _____

Phone _____

Email (optional) _____

Address _____



Child 1 name _____ age _____ shirt size _____

Child 2 name _____ age _____ shirt size _____

Child 3 name _____ age _____ shirt size _____

Child 4 name _____ age _____ shirt size _____

PROGRAM / CAMP	FEE	PARTICIPANTS NAME	SESSION	TOTAL FEE	INITIALS
Crafts (Indicate Park)	5.00	PARK:			
Tiny Tots Crafts (Park)	5.00	PARK:			
Arcade Field Trip	5.00				
Art Camp	30.00				
Boys Basketball Camp	30.00				
Girls Basketball Skills Camp	30.00				
Shoot the Rock Bball Camp	30.00				
Camp Hustle Basketball Camp	30.00				
Girls Basketball: Hoop It Up!	30.00				
Heyen Hoops Advanced Skill Bball Camp	40.00 / 50.00	Out of District			
Bowling at Dettiores Lanes	25.00				
Cheer Camp Only	25.00				
Pom Camp Only	25.00				
Cheer and Pom Camp	35.00				
DIMA Institute "Little Ninjas" Session 1	35.00				
DIMA Institute "Little Ninjas" Session 2	35.00				
DIMA Institute "Taekwondo" Session 3	35.00				
Safety Town	30.00				
Professional Soccer Camp	55.00				
Preschool Swim Lessons	30.00				
Progressive Swim Lessons	30.00				
Riordan Pool Swim Lessons	30.00				
Cross Fitness Camp	20.00				
Urban Photo Safari	39.00				
Disc Golf Camp	25.00				
Munchkins Tennis	20.00				
Tennis Lessons	65.00				
OHS Volleyball Clinic	30.00				
Volley Tots Camp	30.00				
Beginner Wrestling Camp	30.00				
Girls Wrestling Camp	30.00				
Ottawa Rec Running Camp	30.00				
OTHS Yearbook Camp	20.00				
Sporties for Shorties	15.00				
Ballers Mini Camp	15.00				
Sluggers Mini Camp	15.00				
Soccer Mini Camp	15.00				
Cheer Mini Camp	15.00				

* = No Out-of-Limits fees charged.

Subtotal _____

In Ottawa City Limits? Yes No If no, add \$5 per person per activity up to \$20 for a family.

Total Fees _____

Total _____

OTTAWA CITY RECREATION SWIMMING

ALL PARKS FREE SWIM MONDAYS!!

All Ottawa City Rec Park kids ages 8–14 , SWIM FREE EVERY MONDAY during our Summer Parks Program schedule. NCAT will provide transportation from all of our parks each Monday and return them back to their park by 4:00pm

DATES : June 19, 26, July 3, 10, 17, 24 TIMES: 12:00–3:00

See your Park Supervisors for Bus pick ups times.

All swimmers will be swim tested.

ALL PARK / REC Kids must enter pool with a Rec Supervisor to swim free.

Kids 8 and older that do not ride the bus from the park to the pool must pay to get in.

Park/Rec children 7 and under can sign up to swim free, but must be transported and supervised by their own parent. (See your park supervisor for details)

Adults and other children 15 years old and up must pay to enter.

FREE SWIM could be cancelled at any time due to weather conditions.

CHECK THE CITY REC WEBSITE FOR REAL TIME UPDATES!

RIORDAN PRESCHOOL SWIM LESSONS

This is a swim program designed for preschoolers, ages 3-5, to learn basic swimming skills and safety in and around the water. Kids will learn basic swimming skills through songs and games to help them feel comfortable in the water. Swim skills include blowing bubbles, floating, kicking, and scooping. The last day will be parent swim day.

Limit 20 per session: Minimum of 5. Instructors: YMCA Swim Staff

Location: Ottawa “NEW” Riordan Pool

When: Tuesdays and Thursdays

Ages	Time	Date	Fee
3–5 yrs	Session 1: 5:15–5:45 PM	6/20, 6/22, 6/27, 6/29	\$30.00
3–5 yrs	Session 2: 5:15–5:45 PM	7/11, 7/13, 7/18, 7/20	\$30.00
3–5 yrs	Session 3: 5:15–5:45 PM	7/25, 7/27, 8/1, 8/3	\$30.00



RIORDAN PROGRESSIVE SWIM LESSONS

This is a progressive swim lesson program for children ages 6-12. Children will be placed in instructional groups based on ability. They will progress from basic swimming skills such as floating, kicking, and scooping, to more advanced strokes such as backstroke, breast-stroke, and butterfly.

Limit 20 per session: Minimum of 5. Instructors: YMCA Swim Staff

Location: Ottawa “NEW” Riordan Pool

When: Tuesdays and Thursdays

Ages	Time	Date	Fee
6–12yrs	Session 1: 5:50–6:20 PM	6/20, 6/22, 6/27, 6/29	\$30.00
6–12 yrs	Session 2: 5:50–6:20 PM	7/11, 7/13, 7/18, 7/20	\$30.00
6–12 yrs	Session 3: 5:50–6:20 PM	7/25, 7/27, 8/1, 8/3	\$30.00

ADULT DANCE LESSONS

No advance registration needed. Free dance classes offered every Tuesday at 602 Catherine Street across from Kiwanis Park. Classes will be gauged to the level of the participants. Bring your bug spray! Call Jane at 434-7258 for more information.

Instructors: Jane and Rod Schomas Location: 602 Catherine Street, Ottawa

Days	Time	Date	Fee
Every Tuesday	Beginning Couples Swing	7:00 p.m.	6/6- 8/8
	Intermediate / Advanced Couples Swing	8:00 p.m.	6/6- 8/8
			FREE

ART CAMP

Both sessions teach skills of creating various works of art in an assortment of mediums, including watercolor, sketching, pen and ink, and origami. Skills will be age appropriate. Due to limited enrollment, early registration is strongly recommended. Please indicate a first and second choice if possible. Enrollment limited to 10 per session. You may sign up for only one session.

Instructor: OES Art Teacher

Location: Ottawa Recreation Office (Basement of City Hall)

Ages	Time	Dates	Fee
Mini Monets	8-10 yrs. Session 1: Mon-Fri 9:00 - 10:30 pm	6/12-16	\$30.00
Young Van Goghs	11-13 yrs. Session 2: Mon-Fri 10:30-12:00 pm	6/12-16	\$30.00
Mini Monets	8-10 yrs. Session 3: Mon-Fri 1:00-2:30 pm	6/12-16	\$30.00
Young Van Goghs	11-13 yrs. Session 4: Mon-Fri 2:30-4:00 pm	6/12-16	\$30.00

BOYS BASKETBALL CAMP

Come become a part of the tradition of Pirate Basketball. The camp will include emphasis on fundamentals and techniques of shooting, ball handling, passing, and defense, as well as contests and games. Meet members of the Ottawa basketball coaching staff and varsity team. T-shirt included.

Instructor: Supervised by Ottawa High School Varsity Boys Coach Mark Cooper



Location: First session meets in Kingman Gym Lobby, Ottawa High School.

Ages	Time	Dates	Fee
Entering 7th & 8th Grades	Session 1: 8:00 - 9:30 am	6/12 - 6/15	\$30.00
Entering 5th & 6th Grades	Session 2: 9:30 -11:00 am	6/12 - 6/15	\$30.00
Entering 3rd & 4th Grades	Session 3: 11:00 -12:15 pm	6/12- 6/15	\$30.00
Entering 9th grade	Session 4: 4:15 - 5:45 pm	5/30-6/2	\$30.00
Entering 10th Grade	Session 5: 9:00- 10:30 am	5/30 - 6/2	\$30.00

GIRLS BASKETBALL SKILLS CAMP

These camps introduce girls to the fundamentals of the game of basketball! OHS Varsity Head Coach Brent Moore and his Staff will raise your game to the next level through combination of drills and competitive games. Become a part of the Lady Pirates winning Tradition! T-shirt included.

Instructor: Ottawa High School Varsity Girls Coach Brent Moore

Location: First session meets in Kingman Gym Lobby, Ottawa High School.

Ages	Time	Dates	Fee
Entering 3rd, 4th & 5th Grades	Session 1: 11:00am -12:30	6/12 - 6/15	\$30.00
Entering 6th, 7th & 8th Grades	Session 2: 1:00pm - 2:30	6/12 - 6/15	\$30.00

Register and Pay at the first session. No out-of-limits fee charged

SHOOT THE ROCK BASKETBALL CAMP

This boys basketball camp held at Shepherd Middle School is designed to teach the fundamentals of basketball to students in grades 5 through 8. Players will complete skill stations which include dribbling, shooting, passing, and defense. There will also be plenty of games and competitions throughout the camp. T-shirt included.

Coached by Craig Shymanski.

Location: Shepherd Gym

Ages	Time	Date	Fee
Entering 5th & 6th Grades	Session 1: 9:00 am-10:30 am	6/26-29	\$30.00
Entering 7th & 8th Grades	Session 2: 10:30 am -12:00 pm	6/26-29	\$30.00

GIRLS BASKETBALL: HOOP IT UP!

This camp is for any and all 5th & 6th or 7th & 8th grade girls who are interested in learning the fundamental skills of the game of basketball. The camp will include numerous drills to improve the participants' skill level. There will be daily contests and full court action. T-shirt included.

Instructor: Coach Craig Shymanski

Location: Shepherd Gym

Ages	Time	Dates	Fee
Entering 5th & 6th Grades	Session 1: 9:00-10:30 am	6/19-22	\$30.00
Entering 7th & 8th Grades	Session 2: 10:30 am-12:00 pm	6/19-22	\$30.00

CAMP HUSTLE BASKETBALL CAMP

A fun camp for first through fourth grade students to begin developing the basic skills of basketball. Games and competitions daily. This is a four-day camp for both boys and girls. T-shirt included.

Instructor: Craig Shymanski.

Location: OHS Love Gym

Ages	Time	Date	Fee
Entering 1st & 2nd Grade	Session 1: 12:30 -1:30 pm	7/17-20	\$30.00
Entering 3rd & 4th Grade	Session 2: 1:30 -2:45 pm	7/17-20	\$30.00

GIRLS BASKETBALL: OPEN GYMS

Coach Craig Shymanski

Location: Shepherd Gym

Ages	Time	Dates
6th, 7th, 8 Grades	TBD	8/1, 8/2, 8/3



ADVANCED LEVEL BASKETBALL CAMP

Learn advanced basketball skills for competitive basketball with certified Pure Sweat Skills Coach Brandon Heyen!!

Brandon graduated from Illinois Wesleyan University in 2015. While at Illinois Wesleyan, Brandon was a part of teams that made 2 NCAA Division III Final Four appearances and won 2 CCIW Conference Championships.

Brandon's passion for player development came from having to battle back from multiple ankle injuries in his college career. Working with players of all ages and skill levels, Brandon focuses on not only improving the on-court skill of his players, but also on using basketball to teach lessons and values that players can use to find success outside of basketball.

T-shirt included.

DATE: Saturday July 1st, 2023

Instructor: Brandon Heyen (Pure Sweat Skills Coach)

Location: Central School Ottawa, IL

Session: FEE: Ottawa City Limits \$40 Outside Ottawa City Limits \$50

SESSIONS TIMES:

Entering 3rd- 5th Grade	Session 1:	9:00am - 10:30 am	20 maximum per session
Entering 6th-8th Grade	Session 2:	10:30am - 12:00	20 maximum per session
Entering 9th-12th Grade	Session 3:	12:00 - 1:30pm	20 maximum per session.

CHEER CAMP AND POM CAMP

Cheerleaders and Pomerettes are an invaluable part of every community, leading by example and paving the path to success. Show your spirit...join us for a week of CHEER fun. We will learn group and spirit cheers. Great preparation for fall and winter cheer teams!

Instructor: Janelle Nordtvedt OHS Cheerleading Head Coach

Location: Ottawa High School. First meeting OHS Cafeteria

Ages	Time	Date	Fee
Entering 1st-5th Grades	1:00-2:00 pm	7/17-20	\$25.00

Combining Both Camps \$35.00

Do you love to dance? Come join us at the Ottawa Recreation Pom Camp to learn funk, hip hop, pom and drill routines.

Instructor: Janelle Nordtvedt OHS Cheerleading Head Coach

Location: Ottawa High School. First meeting in Kingman Gym Lobby

Ages	Time	Date	Fee
Entering 1st -5th Grades	2:00-3:00 pm	7/17-20	\$25.00

Fee is \$25.00 for one camp or sign up for both Cheer and Pom Camps and pay only \$35 total. Out of City limits, pay \$5.00 only one time.

CROSS FITNESS CAMP

Come gain strength, agility and speed at a fun introduction to the new Fitness Court located at Kiwanis Park. All seven stations (core, squat, push, lunge, pull, agility and bend), will be explained and participants will have a chance to do an engaging workout at the end of each day to use the skills they have learned. Workouts will be age appropriate and can be modified to include all abilities. Camp numbers will be maximum of 14 per session and a minimum of 6 per session. T-shirt included.

Instructor: Sarah Navarro-Nanouski CrossFit Kids Strength and Agility Coach

Location: Kiwanis Park North side Fitness Court.

Ages	Time	Dates	Fee
Entering 3rd, 4th, 5th grade	Session 1 11:00am-12:00	6/12-6/16	\$20.00
Entering 6th, 7th, 8th grade	Session 2 11:00am-12:00	6/19-6/23	\$20.00

Instructor will schedule any make up days due to Inclement Weather.

PROFESSIONAL LEVEL INSTRUCTION SOCCER CAMP

Gordan Raketic, the director of our upper level camp, played professional soccer for 18 years in Europe with teams in Slovenia, Austria, Spain and France. His distinguished career included several runs in the European Champions League, advancing as far as the semifinal round on three separate occasions. After moving to the US, he has trained and coached youth soccer mainly in Wisconsin and Illinois, achieving success at the State and National levels. A large part of that process is instilling the love for the game, a fact to which countless players under his tutelage will give testimony. Ottawa Recreation is excited to offer this high level of soccer camp instruction. A camp taught by an internationally renowned teacher of Gordan's caliber might cost over \$100 in some settings. Ottawa Recreation is proud to be able to offer this camp at a fraction of the cost. Camps include both boys and girls. Players will be divided into age appropriate groups each day at the camp. Players should wear proper shoes, shin guards, athletic shorts and shirts. Campers are encouraged to bring their own water and a soccer ball. Price includes T-shirt.

Location: Whitney Field Soccer Field (North of IDOT building off of Champlain St.).

Ages	Time	Date	Fee
Entering 2nd-12th Grades	9:00-10:30 am	6/12 - 6/16	\$55.00

OTTAWA HIGH SCHOOL VOLLEYBALL CLINIC

Learn the basic and advanced skills for recreational and competitive volleyball with the OHS and Shepherd MS volleyball coaching staff and OHS Varsity players. We will cover passing, serving, setting, hitting, blocking, and basic offense, along with a focus on individual and team skills for game play. T-shirt included.

Instructor: Jennifer Crum OHS head Volleyball coach and staff

Location: Ottawa High School (Kingman and Love Gyms)

Ages	Time	Date	Fee
Entering 5-8th:	8:30am-10:30pm	July 24th-27th	\$30.00



"VOLLEY TOTS" VOLLEYBALL CAMP

This camp is for kids entering first through third grade who are interested in experiencing all the fun the sport of volleyball has to offer. Through engaging activities and games, participants will be learning volleyball skills, hand-eye coordination, court movement, footwork and agility and the basic rules of the game. Everything about this camp is sized just right for the players – the court, the net, and the volleyballs. The coaching staff will include local high school and junior high school coaches and players from local high school varsity volleyball teams.

Limit 35 campers. T-shirt included.

Location: Marquette's Academy High School Gym

Instructor: Marquette Volleyball Staff



Ages	Time	Dates	Fee
1st - 4th Grades	1:00pm- 2:00pm	7/10 - 7/13	\$30.00

CHICAGO FIRE SOCCER CAMP

Learn the basic and advanced skills for recreational and competitive soccer with the Chicago Fire Futbol Club! All camps are led by professional, certified youth coaches. Players will interact with their coach through a small group structure each day as they guide each participant through soccer skills and challenges. Sessions are structured around daily themes that take a closer look at technical soccer skills and holistic soccer concepts. All summer camp participants receive a Chicago Fire FC First Team poster, a Chicago Fire FC jersey, and a free ticket to a Chicago Fire FC home match at Soldier Field!

Location: Peck Park

Beginner Session: Introduces the basic fundamentals, rules, and fun of the game.

Entering Grades 5-6, co-ed. Intermediate Session: We will build on the beginning level skills and prepare the junior high and next level player.

Ages	Time	Date	Fee
Little Sparks-3-5 years old	8:00am-9:00am	July 31th-Aug 4th	\$85.00
Half Day Morning 6-14 years old	9:00am-Noon	July 31th-Aug 4th	\$155.00
Half Day Afternoon 6-14 years old	1:00pm-4:00pm	July 31th-Aug 4th	\$155.00
Full Day- 6-14 years old	9:00am-4:00pm	July 31th-Aug 4th	\$270.00

To register go to -

Ottawa Soccer Club Summer Camps:

<https://cffc.sprocketsports.com/programs/961>

Ottawa Soccer Club Little Sparks Summer Camps:

<https://cffc.sprocketsports.com/programs/960>

NOTE: This is NOT an Ottawa Recreation Camp.



DIMA INSTITUTE "LITTLE NINJAS" MARTIAL ARTS TRAINING

LITTLE NINJAS MARTIAL ARTS TRAINING

This is an awesomely fun camp for younger martial arts enthusiasts! We improve body control through lots of highly energetic games and drills. Students will learn basic kicks, blocks, and punches on the first three days. On Thursday, we invite family and friends to watch the students demonstrate their new skills and break a board.

Taught by Professional Black Belt Masters

Location: Duque Institute Facility 4022 Tyler Drive. Left off of the road to Wal-Mart

Ages	Time	Date	Fee
Age 5-7	Session 1: 1:00-2:00 pm	6/12 -6/15	\$35.00
Age 5-7	Session 2: 2:30-3:30 pm	6/19 -6/22	\$35.00

*Please wear comfortable athletic clothing & bring a water bottle. Students will be barefoot. (20 openings per session).

DIMA INSTITUTE TAEKWONDO MARTIAL ARTS

Tae Kwon Do Martial Arts is a highly energetic camp for 8-12 year olds. Instructors teach basic Taekwondo skills - kicks, blocks and punches - as well as lots of games and fun. This camp is great for building self-confidence by trying and enjoying new challenges and gaining new skills. On Thursday, we invite family and friends to watch the students demonstrate their new skills and break a board. (20 openings per session)

Taught by Professional Black Belt Masters

Location: Duque Institute Facility 4022 Tyler Drive. Left off of the road to Wal-Mart.

Ages	Time	Date	Fee
Age 8-10	Session 3: 12:00 -1:00 pm	6/26 -6/29	\$35.00

*Please wear comfortable athletic clothing & bring a water bottle. Students will be barefoot. (20 openings per session).

FISHING RODEO

Jack Gerding Memorial Fishing Rodeo

-Free to all children to age 12

-Prizes provided

-Families must furnish tackle.

Participants should wear a life jacket or a tether rope.

-Held during Friendship Days (See Friendship days Brochure)

-Sign up at the Rodeo -Children must be accompanied by an adult

-FREE No Charge



GOLF LESSONS AND CAMP "PINE HILLS"

Register through Pine Hills Golf Club with the QR code below!

Pine Hills Golf Club and their US Kids Certified Coaches use game based teaching to teach youth of all ages the game of golf while having fun! The itinerary for the clinics is kept fresh and changes year to year. Pine Hills has loaner clubs and they strongly encourage sharing. Kids do not need their own clubs to sign up. Space is Limited!

Instructor: Pine Hills Golf Pro Staff

Location: Pine Hills Golf Course



Beginner Camps

Ages	Time	Date	Fee
5-7	8:30 am -9:30 am	6/12 -14	\$30.00
8-10	10:30 am -11:30 am	6/12 -14	\$30.00
11-13	8:30 am -9:30 am	6/19 -21	\$30.00

Experienced Camps - Ages 8 and up

	Time	Date	Fee
Short Game	8:30 am-9:30 am	6/26-28	\$60.00
Drills and training aids to help with chipping and putting.			
Wedge Play	10:15 am -11:15 am	6/26-28	\$60.00
Covers drills to improve wedge game along with distance control.			
Taking it to the Course	9:00 am -10:00 am	7/10 -12	\$60.00
Camp focus = Strategy around the course.			

*You must register for this camp through Pine Hills.

Space is Limited

To register, scan the QR Code and reserve your spot.

New to 2023 Pine Hills Jr. League More details to come.

DISC GOLF CAMP

Want to experience one of the fastest growing sports in the world? Come and join us down at the Fox River Park to learn all about Disc Golf. This camp will focus on the fundamental knowledge and basics surrounding Disc Golf. Providing everyone with a primary understanding of the game and to guide and develop the necessary skill sets required to play the sport. Everything from how to throw, what to throw, and where to throw, all integrated into fun mini-games and practice drills.

T-Shirt Included.

Throwing Discs provided or use your own.

Instructor: Supervised by Christopher Stone (Professional Disc Golfer and 2022 Illinois State Disc Golf Champion)

Location: All session meets at Fox River Park, Ottawa, Illinois. Near the Disc Golf Kiosk located on the north side of the park. (by the Parking Area)

Ages	Time	Date	Fee
3rd and 4th Grade	Session 1: 8:00 - 9:00 am	6/26- 6/30	\$25.00
5th and 6th Grade	Session 2: 9:00 - 10:00 am	6/26- 6/30	\$25.00
7th and 8th Grade	Session 3: 10:00 - 11:30 am	6/26-6/29	\$25.00
High School 9-12	Session 4: 11:30 - 1:00 pm	6/26-6/29	\$25.00

MUNCHKINS TENNIS

A introductory tennis program offered for players who are entering first or second grades. Instructors use games and contests to teach basic racket skills, rules, and play skill games. A great introduction to the sport! T-shirt included. Instructor: Recreation Tennis Crew
Location: Ottawa High School Tennis Courts

Ages	Time	Date	Fee
Entering K–2nd Grade	8:30-9:00 am	6/12 -7/14 (Mon, Wed, Fri)	\$20.00



TENNIS LESSONS

Tennis lessons for those entering third through twelfth grades. This is a progressive program of skill development for players of all levels. Lessons include basic strokes, scoring, and competitive games and tournaments. Players are encouraged to enter the Ottawa Recreation Tennis Tournament held mid-July. Adults may stop at OHS Courts during lesson time to arrange evening lessons.

T-shirt included. Ask about our racket loaner program.

Lessons 6/12-7/14. Mon. - Fri.

Location: Ottawa High School Tennis Courts **Fee: \$65.00**
covers lessons and tournament entry.

Ages		Day	Time
3rd - 5th grade	Session 1	Mon–Fri	9:00-10:00 am
6th - 8th grade	Session 2	Mon–Fri	9:00-10:30 am
High School Boys & Girls (lessons)	Session 3	Mon–Fri	10:30 am -12:00 pm
High School Boys & Girls (play)	Session 4	Mon–Fri	1:00 pm -- 2:30 pm

OTTAWA RECREATION TENNIS TOURNAMENT

Age divisions for Singles-Doubles 10 years and under, 11-13 years, 14 to 17 years, 18 to 40 years, Over 40 years, Family Competitive, Family non-competitive. Register Online, at the Tennis Courts, or at the Recreation Office by 4pm on Thursday, July 13th.

Trophies awarded.

Location: Ottawa High School Tennis Courts **Dates: July 17-21**

No cost to enter if in city limits. \$5 to enter if out-of-limits.

CITY REC RUNNING CAMP

Learn the basic skills for recreational and competitive running with the OES Cross Country Coaching staff and OHS Varsity Runners. Camp will engage in games, drills, and timed runs and will cover a variety of topics, including nutrition, running mechanics, team building, and injury prevention. Running camp is a great way for kids to be active, have fun, and learn a sport which will help them establish goals, gain confidence, and help them excel in other sports.

T-shirt included.

Instructor: Nicole Heaver

Location: Walsh Park

Session: Students entering Grades 5-8, co-ed.

Ages	Time	Dates	Fee
Entering Grades 5-8	8:00am-9:30am	July 3, 5, 10, 12, 17, 19,	\$30.00

OTHS YEARBOOK CAMP

Are you interested in photography and graphic design? Join us at the OTHS Yearbook Camp! Students will learn tips, tricks, and valuable skills from members of the current yearbook staff throughout this week-long camp. They will work with cameras, Photoshop, and Pictavo (the high school's yearbook software) to create their very own advertisement for a local downtown business, all while learning interview tactics, page layout, and more. Get ready to become a yearbook staff member with this fun, skill building camp.

Instructor: Yearbook Advisor Erin Byrd

Location: Ottawa High School, Room 511

Ages	Time	Dates	Fee
7th - 12th Grades	9:00am–Noon	6/5–6/9	\$20.00

BEGINNER WRESTLING CAMP

Wrestling is one of the oldest sports and a martial art. Almost every dominant MMA fighter has a wrestling background. This camp is designed to teach the basics of wrestling. We will work at a slower pace and will teach the basic moves that lead to success in the sport. In this camp, we will work specifically on stance, movement, starting positions, takedowns, escapes, reversals and turns. Attacking will be taught at all levels. T-shirt included.

Instructor: Pete Marx, OHS Head Wrestling Coach

Location: OHS Cafeteria

Ages	Time	Dates	Fee
Entering 1st-4th Grades	9:00-10:10 am	6/12 -15	\$30.00

GIRLS WRESTLING CAMP

Ottawa City Rec is excited to offer our first ever women's only wrestling camp this Summer. This camp is appropriate for female athletes of all skill levels in grades 5th -8th. Wrestlers will have the opportunity to train with other young women wrestlers to help build a strong foundation in the sport. In this camp we show you techniques and finishes from the feet, including collar tie offense, trips and throws. We will also focus on tilts and turns, reversal series, and various pinning combinations. Wrestlers should bring headgear if they have it. T-shirt included.

Instructor: Pete Marx, OHS Head Wrestling Coach

Location: OHS Cafeteria

Ages	Time	Dates	Fee
Entering 6th - 8th	10:00 am-11:00 pm	6/12 -15	\$30.00

OTTAWA CITY RECREATION "IN HOUSE"

MONDAY MORNING MINI CAMPS

Ottawa Recreation is proud to present our NEW mini camp program designed to introduce a variety of different sports to the younger aged kids in the community. Kids will learn basic skills and drills from our own recreation staff members who have played sports in high school and in college.

ALL CAMPS ARE ONLY \$15 and they meet EVERY Monday Starting June 19th through July 17 (Camps held outdoors are subject to rainout: July 24 is scheduled as a make up day)

LIL BALLERS MINI CAMP

This program is designed for participants to develop early basketball shooting, dribbling and passing skills, along with the basic rules of the game. The camp will develop self-esteem and confidence in a non-competitive environment.

Limit 15 per session: Minimum of 5.

Instructors: CITY REC Staff

Location: EAST SIDE PARK COURTS

Ages	Time	Dates	Fee
6-7 Session 1:	9:00am - 9:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
8-9 Session 2:	10:00am - 10:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
10-11 Session 3:	11:00am - 11:55	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00

LIL CHEER MINI CAMP

Tiny tots want team Spirit too!! Try our mini Cheer camp where kids will learn cheers, chants, tumblers and jumps in a camp facilitated by City Rec Staff:

Limit 15 per session: Minimum of 5.

Instructors: Rec Staff

Location: Thornton Park / Basketball Court area

Ages	Time	Dates	Fee
3-4 Session 1:	9:00am - 9:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
5-6 Session 2:	10:00am - 10:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00

SOCCER TOTS MINI CAMP

Tiny Tots soccer camp teaches children the basics and fundamentals of the sport through engaging drills and fun games. Clinics are held once per week for a period of 5 weeks. The camp will develop self-esteem and confidence in a non-competitive environment.

Limit 15 per session: Minimum of 5. Instructors: CITY REC Staff

Location: PECK PARK North of the old tennis courts

Ages	Time	Dates	Fee
6-7 Session 1:	10:00am - 10:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
8-9 Session 2:	11:00am - 11:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
10-11 Session 3:	9:00am - 9:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00

LIL SLUGGERS MINI CAMP

Baseball and softball Tots love the Long ball!!!! Try our mini hitting camp where kids will learn the fundamentals of hitting a baseball / softball, tots will work on hitting off a tee, using motor development, as well as hand-eye coordination, and positive self-esteem.

Limit 10 per session: Minimum of 4.

Instructors: CITY REC Staff

Location: THE CAGES at HOME RUN INSURANCE

403 W Madison St, Ottawa



Ages	Time	Dates	Fee
6-7 Session 1:	11:00am - 11:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
8-9 Session 2:	9:00am - 9:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
10-11 Session 3:	10:00am - 10:55am	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00



SPORTIES FOR SHORTIES

This is a all sports program is designed to introduced the fundamentals of sports including basketball, football, kickball, soccer, t-ball and other sports. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and sportsmanship.

Instructors: CITY REC Staff Maximum 25 per session

Location: RIGDEN PARK

Ages	Time	Dates	Fee
3-5 Session 1:	9:00am - 10:00	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
3-5 Session 2:	10:00am - 11:00	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00
6-8 Session 3:	11:00am - 12:30	6/19, 6/26, 7/3, 7/10, 7/17	\$15.00

TINY TOTS CRAFTS

The six week program includes simple crafts, coloring, and many surprises. Projects take approximately 1/2 hour to construct. 12 projects total. Tiny Tot parents are especially encouraged to stay with their child to assist in the construction of the project.

Location: Morning and Afternoon Parks

Ages	Dates	Times	Fee
3-6	6/13-7/26	10:45 and 2:40	\$5.00 for the summer

SUMMER PARKS CRAFTS

These Craft projects are moderately difficult and involve the use of markers, glue, and scissors. Projects take approximately 1/2 hour to construct. 12 projects total.

Location: Morning and Afternoon Parks

Ages	Dates	Time	Fee
7-12	6/13-7/26 Every Tuesday and Thursday	9:30 and 1:30	\$5.00 for the summer

SAFETY TOWN

What is Safety Town?

It's a safety education program designed to introduce ALL types of safety conditions to 4 and 5-year-old children. During a 20-hour course (two hours per day for 2 weeks) children learn safety behavior through THEIR OWN involvement. They do this by role-playing to simulated and actual life situations (under the guidance of teachers). Safety songs, art projects, stories, movies, resource people, and field trips combined with the actual practice, make this program a fun learning experience.

When will Safety Town be held?

The Safety Town program will offer two sessions. The first session is June 13th-24th in the morning from 9:00-11:00. The second session will be July 11th-22th in the morning from 9:00-11:00.

Where will Safety Town be held?

McKinley School will be the location for the outdoor and indoor activities.

Who may attend?

Four and five-year-old children may attend (children must be four by May 1st) and be pre-registered by June 9th for the first session and June 30th for the second session. Acceptance is on a first-come-first-serve-basis.

What is the cost?

A \$30.00 fee is required with the pre-registration form. A T-shirt is given to all participants. ****NOTICE TO FAMILIES LIVING OUTSIDE OTTAWA CITY LIMITS: If you live outside Ottawa city limits, there is a \$5.00 fee per person per activity (limit \$20 per year) if participating in any city-sponsored program. If you live outside the city limits please add this fee. Who can be contacted for questions concerning the program?**

CONTACT: Bejan at bvroumi@gmail.com

*****YOU WILL RECEIVE FURTHER INFORMATION THE WEEK PRIOR TO YOUR SESSION*****

Ages	Time	Date	Fee
5yrs or 4yrs by May 1	Session 1: 9:00-11:00 am	6/12 -6/23	\$30.00
5yrs or 4yrs by May 1	Session 2: 9:00-11:00 am	7/10-7/21	\$30.00

BOWLING AT DETTORES LANES

Bowl at Dettores! You'll bowl a strike of fun every time before you have to split. There's no time to spare -- space is limited to the first 24 bowlers per session! If you love to bowl, sign up for both sessions. Dettores lanes offer fun for bowlers of all ages. What a cool way to spend a hot Friday afternoon! Refreshments available for purchase. Location: Dettores 714 Columbus Street,

Ages	Time	Date	Fee
Age 6-14 Session 1:	1:00-2:15 pm Fridays	6/16-7/21	\$25.00
Age 6-14 Session 2:	2:15-3:30 pm Fridays	6/16-7/21	\$25.00



URBAN PHOTO SAFARI

Let Annette take you on an exciting Urban Photo Safari! You and your fellow campers will head out into the urban wild armed with your cameras and an assignment. But first, you will learn how to use your camera and what some of those settings mean. After our equipment review it'll be off to the wilds of the Ottawa streetscapes and alleyways to see what we can discover while viewing the seemingly normal world around us from a different point of view.

Campers will be encouraged to look beyond everyday items to discover interesting textures and light patterns. What happens when we look at something from a new perspective? Day two and three will start with a review of what we have learned so far before heading out on a new adventure. After three days of photographing it will be time to edit our assignment down to our best images and select those that will be printed.

This is a chance for everyone to show off their best photographs and for the campers to discuss them and discuss what we have learned throughout the week. The photos will then be displayed at an art show later in the summer (included in cost).

Each session limited to 12 campers and a minimum of 6 participants per camp. Early registration is strongly suggested. Students must bring their own digital cameras with clean memory cards and charged and extra batteries. A basic, low-cost camera will work just fine.

Instructor: Annette Barr

Starting Location: Annette Barr Photography Studio, 215 W. Main St. Ottawa

Additional Notes: Campers are asked to bring their own water bottle to stay hydrated.

Time: Monday, Wednesday and Friday 10am-12pm Ages

	Time	Dates	Fee
4-6th Grades Session 1:	10:00 am-12:00 pm	6/12, 6/14, 6/16	\$39.00
5-8th Grades Session 2:	10:00 am-12:00 pm	6/19, 6/21, 6/23	\$39.00
7-12th Grades Session 3:	10:00 am-12:00 pm	6/26, 6/28, 6/30	\$39.00

Dates Time
ART SHOW for the campers - July 13 6:00pm-8:00pm

All 3 camps will be on display in the studio front window for a couple of weeks to allow campers, parents and guests to view safely from outside.

SUMMER 2023 SPECIAL EVENTS

**JUNE
14**

\$2.00

MORNING MOVIE DAY

Take a trip with us into the Spider-verse, at the City Rec Morning Movie

LOCATION: VIP Roxy Cinemas SHOW TIME: 10:00am—noon 1 Free Popcorn

COST: \$2.00

AFTERNOON PARKS 1:30—4:00

Transportation from Parks @ 9:30 Return to Parks 12:30pm See Park supervisors or call the Rec Office (815) 434-7292

**JUNE
21**

FREE

Rob Thompson MAGIC SHOW

Magic Show is performed by nationally acclaimed magician Rob Thompson!

LOCATION: Central School SHOW TIME: 10:15 am - 11:00am COST: FREE

Magic Merchandise For Sale \$5.00-\$15.00 AFTERNOON PARKS WILL BE REGULAR SCHEDULE

Transportation provided from Parks @ 9:45 Return to Parks 11:30 See Park supervisors or call the Rec Office (815) 434-7292



**JUNE
28**

\$2.00

ROLLER SKATING PARTY

Lets ROLL!! Get ready to have fun on wheels at the City Rec Skating Party.

LOCATION: Paramount Skating Arena TIME: 1:00—3:30 am COST: \$2.00

Refreshments available for purchase. Skater Helper / Walkers are \$3.00 at your own cost.

Transportation provided from Parks @ 12:30 Return to Parks 4:00pm

See Park supervisors or call the Rec Office (815) 434-7292

MORNING PARKS WILL BE 9:00am—11:30 am



**JULY
5**

\$2.00

PARK PICNIC in the RIDGE

Join us for a Yee-haw of a country picnic at the Grand Ridge park! 10:30am - 2:30pm

LOCATION: Grand Ridge Park Lunch: 11:45—12:30 only COST: \$200 Games/Rides 10:30-2:30

Bring your Straw hats and Cowboy boots, as we play games at an old fashion country farm style picnic!!

Transportation provided from Parks @ 10:00am Return @ 3:30pm See Park supervisors or call the Rec Office (815) 434-7292

**JULY
12**

\$2.00

ALL PARKS BOWLING

LET'S BOWL!!!! Join us for an afternoon of bowling at "The Alley" in Naplate

LOCATION: The Alley (Naplate) TIME: 1:00pm—3:30 COST: \$2.00

Limited bowling shoes available / You may wear tennis shoes to bowl with. Snack and drinks are available at your cost.

Transportation provided from Parks @ 12:30am Return 3:45 pm MORNING PARKS WILL BE 9:00am—11:30am

**JULY
19**

\$5.00

VIDEO ARCADE FIELD TRIP

ARE you a GAMER, let's take a trip back in time to an 80s style Video Arcade!!!!

LOCATION: The Gamer's Garage Arcade TIME: 12:00—3:00pm COST: \$5.00 unlimited play

FREE LUNCH provided (PIZZA and DRINKS)

PARK PICK UP TIMES START at 11:00am

RETURN @ 4:00pm

Maximum Participants 50 kids REGISTER EARLY!!! See park supervisors or call the Rec Office (815) 434-7292 for Details

**JULY
26**

25 Cents

CITY REC KIDDIE CARNIVAL

Rigden Park Kiddie Carnival with train rides and bounce house activites along with our midway games and prizes! Perfect for children ages 3 to 11 years old.

LOCATION: Rigden Park TIME: Noon-3:00pm COST: .25 ¢ per ticket ALL ACCESS WRISTBAND

For more information see park supervisors or call the Rec Office (815) 434-7292

\$5.00

JUNE 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			CITY REC WEDNESDAY SPECIAL EVENTS	1	2	3
4	5	6	7	8	9 WALK UP Registration CITY REC OFFICE 9:00am-Noon 1:00pm—4:00pm	10
11	12 First Day Supervised Parks MORNING PARKS 9:00am—NOON AFTERNOON PARKS 1:00pm-4:00pm ALL CITY PARKS VIDEO CHALLENGE	13	14 ROXY CINEMA MORNING MOVIE 10:00am FEE \$2.00 Bus Pick ups @ 9:30 Return to parks 12:30pm	15	16 Dettore's Town Lanes Afternoon Bowling Session 1 1:00 - 2:15 Session 2 2:15 - 3:30	17
18	19 ALL PARKS FREE SWIM 12:00— 3:00 Bus Pick ups Start @ 11:30am Return to Parks @ 3:30pm	20	21 MAGIC SHOW <i>Central School Cafetorium</i> FREE SHOW 10:15 Show start Bus Pick ups Start at 9:45 Return to parks 11:30 AFTERNOON PARKS WILL BE REGULAR SCHEDULE	22	23 Dettore's Town Lanes Afternoon Bowling Session 1 1:00 - 2:15 Session 2 2:15 - 3:30	24
25	26 ALL PARKS FREE SWIM 12:00— 3:00 Bus Pick ups Start @ 11:30am Return to Parks @ 3:30pm	27	28 ROLLER SKATING Paramount Skating Arena 1:00pm-3:30pm Fee \$2.00 Bus Pick ups @ 12:30pm Return to parks 4:00pm MORNING PARKS WILL BE 9:00am—11:30 am	29	30 Dettore's Town Lanes Afternoon Bowling Session 1 1:00 - 2:15 Session 2 2:15 - 3:30	

JULY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			CITY REC WEDNESDAY SPECIAL EVENTS			1
2	3	4	5 GRAND RIDGE "Down on the Farm" COUNTRY PARK PICNIC 10:30am-2:30pm FEE \$2.00 LUNCH: 11:45—12:30 ONLY GAMES, ACTIVITIES, RIDES Bus Pick ups Start @ 11:30am Return to parks 3:30pm	6	7 Dettore's Town Lanes Afternoon Bowling Session 1 1:00 - 2:15 Session 2 2:15 - 3:30	8
9	10 ALL PARKS FREE SWIM 12:00— 3:00 Bus Pick ups Start @ 11:30am Return to Parks @ 3:30pm	11	12 ALL PARKS BOWLING "THE ALLEY" NATPLATE 1:00pm-3:30pm FEE \$2.00 Bus Pick ups @ 11:30am Return to parks 3:45pm	13	14 Dettore's Town Lanes Afternoon Bowling Session 1 1:00 - 2:15 Session 2 2:15 - 3:30	15
16	17 ALL PARKS FREE SWIM 12:00— 3:00 Bus Pick ups Start @ 11:30am Return to Parks @ 3:30pm	18	19 The Gamer's Garage Arcade Marseilles, IL NOON -3:00pm COST \$5.00 FREE GAME PLAY Register Early Maximum participants 50 kids FREE LUNCH: (PIZZA / DRINKS) Bus Pick ups Start @ 11:00am Return to Parks 3:30-4:00pm	20	21 Dettore's Town Lanes Afternoon Bowling Session 1 1:00 - 2:15 Session 2 2:15 - 3:30	22
23	24 ALL PARKS FREE SWIM 12:00— 3:00 Bus Pick ups Start @ 11:30am Return to Parks @ 3:30pm	25	26 Rigden Park Kiddie Carnival NOON -3:00pm Games / Rides .25 cents ALL ACCESS Wristband \$5.00 Transportation not provided	27 Rigden Park Kiddie Carnival RAIN OUT DATE	28 CITY REC SUPERVISED PARKS ARE CLOSED SEE YA NEXT SUMMER	29
30	31					