

Ottawa Recreation 2019 summer programs

A listing of summer activities sponsored by Ottawa Recreation June 10th - July 26th

Four Ways to Register

1. Register Online. Visit our website www.ottawarecreation.org to link to online registration.

A convenience fee applies when registering online

2. Early Registration by Mail - Follow Directions on Registration Form.

3. On Registration Day - 1:30 - 4:30 p.m. on June 10th at the Shepherd School Cafeteria.

4. At the Recreation Office Before a Camp Starts beginning June 11th.

Ottawa Recreation accepts only cash or checks for mail-in or walk-in registration.

Ottawa Recreation charges a \$5.00 recreation fee per participant per activity for those families residing outside of the Ottawa City limits. No outside limits household shall pay more than \$20 extra for the summer season.

- Registration will be on a first-received, first-registered basis.
- Most camps require a minimum of 8 participants by Thursday before the camp begins.
- All of the activities listed in the brochure are supervised by one or more adult directors.
- Ottawa Recreation offers a scholarship program for families with financial need.
- Ottawa Recreation may use children's images for publicity purposes. Recreation is not responsible for pictures taken by any media outlet.
- Ottawa Recreation will only contact you if a camp is closed; we do not send out reminders.

Overview

Ottawa Recreation offers programs throughout the year, but especially in the summer, to provide recreational opportunities for the citizens of Ottawa. The Recreation Board members are committed to providing quality recreational opportunities with the lowest possible fee to the greatest number of people.

Playground Activities and Guidelines

Two park supervisors will be on duty from 9 to 12 noon or 1 to 4 p.m. daily (except special event days) to supervise all equipment, games, contests, and special activities (Recreation is not a childcare service). Check the schedule below to see if your park is morning or afternoon. There is no fee to use the recreation equipment. No registration needed.

Parents are encouraged to come to the parks with their children. Children using Ottawa Recreation equipment are expected to respect the supervisors, other children, and the equipment and facilities. Any violence, threats, bullying, destructive behavior, racist remarks, swearing, or other unacceptable behavior will not be tolerated and may result in loss of access to Ottawa Recreation equipment and a police report being filed.

Morning Parks (9 to 12 noon): Lincoln School, Turnberry, Kiwanis Park, Lincoln-Douglas Park

Afternoon Parks (1 to 4 pm): Vittone Park (in Naplate), East Side Park, McKinley School, Rigden Park

Mark Astle,
Recreation Director
SUMMER OFFICE
301 W. Madison Street, Ottawa
(Basement of City Offices)
Phone 434-7292

www.ottawarecreation.org
Email us at cityrec@cityofottawa.org
Like us on Facebook!
Twitter: [@OttawaRec](https://twitter.com/OttawaRec)
Office Hours - 9:00 - 12:00 weekday mornings
1:00 - 4:00 weekday afternoons

RECREATION BOARD MEMBERS
Kevin Quick - President
Phil McNally
Maribeth Manigold, Alex Spencer
John Levy, Mindy McConnaughay,
Ryan Cantlin

Join **remind** 2019 Ottawa Recreation

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To Receive messages via email:

Send an email to kfb686@mail.remind.com.

To unsubscribe, reply with 'unsubscribe' in the subject line.

Adult Dance Lessons

No advance registration needed. Free dance classes offered every Tuesday at 602 Catherine Street across from Kiwanis Park. Classes will be gauged to the level of the participants. Bring your bug spray!
Call Jane at 434-7258 for more information.

Instructors: Jane and Rod Schomas Location: 602 Catherine Street, Ottawa

Days	Time	Dates	Fee
Every Tuesday	Beginning Couples Swing 7:00 p.m.	6/4-8/13	FREE
	Advanced Couples Swing 8:00 p.m.	6/4-8/13	FREE

No Lessons July 22nd.

Art Camp

Both sessions teach skills of creating various works of art in an assortment of mediums, including watercolor, sketching, pen and ink, pastel and origami. Skills will be age appropriate. Due to limited enrollment, early registration is strongly recommended. Please indicate a first and second choice if possible. Enrollment limited to 10 per session. You may sign up for only one session.

Instructor: Tim Trumbo Location: Ottawa Recreation Office (Basement of City Hall)

Ages	Time	Dates	Fee
Mini Monets 8-10 yrs.	Session 1: Mon-Fri 1:30-3:00 pm	6/17-21	\$22.00
Young Van Goghs 11-13 yrs.	Session 2: Mon-Fri 1:30-3:00 pm	6/24-28	\$22.00
Mini Monets 8-10 yrs.	Session 3: Mon-Fri 1:30-3:00 pm	7/15-19	\$22.00
Young Van Goghs 11-13 yrs.	Session 4: Mon-Fri 1:30-3:00 pm	7/22-26	\$22.00

Classic Games Camp

Learn exciting board and card games from around the world. Enjoy the experience of gaming while you improve your reasoning and concentration. New games added this year. For students entering 4th grade through 8th grade.

Limit 12 gamers.

Instructor: Tim Trumbo

Location: Ottawa Recreation Office (Basement of City Hall)

Ages	Time	Dates	Fee
9-14	1:30-3:30 pm	7/8-7/12	\$15.00

Boys Basketball Camp

Come become a part of the tradition of Pirate Basketball. The camp will include emphasis on fundamentals and techniques of shooting, ball handling, passing, and defense, as well as contests and games. Meet members of the Ottawa basketball coaching staff and varsity team. T-shirt included.

Instructor: Supervised by Ottawa High School Varsity Boys Coach Mark Cooper

Location: First session meets in Kingman Gym Lobby, Ottawa High School.

Ages	Time	Dates	Fee
Entering 9th Grade	Session 1: 8:00-9:30 am	6/3-6/6	\$18.00
Entering 7th & 8th Grades	Session 2: 8:00-9:30 am	6/10-6/13	\$18.00
Entering 5th & 6th Grades	Session 3: 9:30-11:00 am	6/10-6/13	\$18.00
Entering 3rd & 4th Grades	Session 4: 11:00-12:15 pm	6/10-6/13	\$18.00
Entering grades 10 and up	Contact Coach Mark Cooper at Ottawa High School		

Register and Pay at the first session. No out-of-limits fee charged

Shoot the Rock Basketball Camp

This boys basketball camp held at Shepherd Middle School is designed to teach the fundamentals of basketball to students in grades 5 through 8. Players will complete skill stations which include dribbling, shooting, passing, and defense. There will also be plenty of games and competitions throughout the camp. T-shirt included. Coached by Craig Shymanski.

Location: Shepherd Gym

Ages	Time	Dates	Fee
Entering 5th & 6th Grades	Session 1: 11:00 am-12:30 pm	6/17-20	\$18.00
Entering 7th & 8th Grades	Session 2: 12:30-2:00 pm	6/17-20	\$18.00

Camp Hustle Basketball Camp

A fun camp for first through fourth grade students to begin developing the basic skills of basketball. Games and competitions daily. This is a four-day camp for both boys and girls. T-shirt included.

Instructor: Coach Craig Shymanski Location: YMCA Small Gym

Ages	Time	Dates	Fee
Entering 1st & 2nd Grade	Session 1: 12:30-1:45 pm	7/8-11	\$15.00
Entering 3rd & 4th Grade	Session 2: 2:00-3:15 pm	7/8-11	\$15.00

No out-of-limits fee charged

Girls Basketball: Hoop It Up!!!

This camp is for any and all 5th & 6th or 7th & 8th grade girls who are interested in learning the fundamental skills of the game of basketball. The camp will include numerous drills to improve the participants' skill level. There will be daily contests and full court action. T-shirt included.

Instructor: Coach Craig Shymanski

Location: Shepherd Gym

Ages	Time	Dates	Fee
Entering 5th & 6th Grades	Session 1: 9:00-10:30 am	6/24-27	\$18.00
Entering 7th & 8th Grades	Session 2: 10:30 am-12:00 pm	6/24-27	\$18.00

Girls Basketball open gym for girls entering grades 6-8: Shepherd Middle School. Monday, July 29th - Thursday, August 1st. TBA

Girls Basketball Skills Camp

These camps introduce girls to the FUNdamentals of the game of basketball! OHS Varsity head coach Brent Moore and his staff will raise your game to the next level through a combination of drills and competitive games. Become a part of the winning tradition! T-shirt included.

Instructor: Ottawa High School Varsity Girls Coach Brent Moore

Location: First Session meets in Kingman Gym Lobby, Ottawa High School

Ages	Time	Dates	Fee
Entering 3rd, 4th, & 5th Grades	Session 1: 11:00 am-12:30 pm	6/10-13	\$18.00
Entering 6th, 7th, & 8th Grades	Session 2: 1:00-2:30 pm	6/10-13	\$18.00

No out-of-limits fee charged.



MAIL-IN REGISTRATION PROCEDURE

1. Fill out form completely, being sure to include correct session(s) and fee(s). Please include an email for camp reminders and important messages.
2. Detach form and enclose check for total fee. Make check payable to and mail to: Ottawa Recreation, 301 W. Madison St., Ottawa, Illinois 61350. Or drop off in person at our City Hall office.
3. All registrations will be processed on a first-come first-served basis. You will be notified only if the program you register for is full.
4. All mail in registration received after June 5 will be processed after walk in registrations.
5. Online registration will be unavailable on the day of walk-in registration until all walk-in registrations are processed.
5. Online registration closes at midnight on the Thursday before the camp starts. After that, people can still register for the camp in the office.

REFUND POLICY

Once registered for a program, and 24 hours prior to the first meeting, a complete refund is granted, minus a \$1 service charge. After the first session has met, a pro-rated refund, minus a \$1 service charge, will be granted. The pro-rated refund is based on the day the refund request is received.

PROGRAM REGISTRATION

Parent/Guardian

First and Last Name _____ Phone _____ Email (optional) _____

Address _____

Child 1 name _____ age _____ shirt size _____ Child 2 name _____ age _____ shirt size _____

Child 3 name _____ age _____ shirt size _____ Child 4 name _____ age _____ shirt size _____

PROGRAM	FEE	PARTICIPANT'S NAME	SESSION #	TOTAL FEE	INITIALS
Crafts (Indicate Park)	\$5.00	Park:			
Tiny Tots Crafts (Indicate Park)	\$5.00	Park:			
Art Camp	\$22.00				
Classic Games Camp	\$15.00				
Boys Basketball Camp *	\$18.00				
Bike Fun Street Smart	\$5.00				
Shoot the Rock Basketball Camp	\$18.00				
Camp Hustle Basketball Camp *	\$15.00				
Girls Basketball: Hoop It Up!	\$18.00				
Girls Basketball Skills Camp *	\$18.00				
Bowling at Pinheadz	\$13.00				
Cheer Camp Only	\$18.00				
Pom Camp Only	\$18.00				
Both Cheer & Pom Camp	\$23.00				
Flips 'n' Fun Gymnastics Camp	\$18.00				
Safety Town	\$30.00				
Swim Lessons @ Riordan	\$18.00				
Swim Lessons Tiny Tots	\$22.00				
Tae Kwon Do Camp	\$18.00				
Little Ninjas Tae Kwon Do	\$18.00				
Tennis	\$50.00				
Munchkin Tennis	\$10.00				
Urban Photo Safari	\$18.00				
Ottawa High School Volleyball Clinic *	\$18.00				
Volley Tots Volleyball Camp	\$13.00				
Beginner Wrestling Camp	\$15.00				
Advanced Wrestling Camp	\$15.00				
YMCA/Ottawa Rec Soccer Clinic	\$15.00				
Ottawa High School Soccer Camp	\$18.00				
Sports Of All Sorts	\$15.00				
Professional Level Instruction Soccer	\$40.00				
Ninja Zone Gymnastics	\$18.00				
Girl's Softball Camp	\$18.00				
Speed, Strength Training	\$15.00				

FOR OFFICE USE ONLY

* = No Out-of-Limits fees charged.

Subtotal _____

In Ottawa City Limits? Yes No If no, add \$5 per person per activity up to \$20 for a family.

Total Fees _____

Total _____

What medical conditions should we know about? _____

I/We assume all risks incidental to such participation and do hereby waive, release, absolve, indemnify, and agree to hold harmless the park supervisors, volunteers, and participants of such programs. I hereby grant permission for emergency medical treatment for myself/my child if I cannot be reached at time of need. Every effort will be made to contact you.

Adult's Signature _____

Bowling at Pinheadz

Bowl at Pinheadz! You'll bowl a strike of fun every time before you have to split. There's no time to spare -- space is limited to the first 36 bowlers per session! If you love to bowl, sign up for both sessions. Pinheadz state-of-the-art lanes offer fun and games for bowlers of all ages. What a cool way to spend a hot Friday afternoon! Refreshments available for purchase.
Location: Pinheadz Bowling, 1758 Ottawa Ave

Ages	Time	Dates	Fee
6-14	Session 1: 1:00-2:15 pm	Fridays 6/14-7/12	\$13.00
6-14	Session 2: 2:15-3:30 pm	Fridays 6/14-7/12	\$13.00

Cheer Camp and Pom Camp

Show your spirit...join us for a week of CHEER fun. We will learn group and spirit cheers. Great preparation for fall and winter cheer teams!

Fee is \$18.00 or sign up for both Cheer and Pom Camps and pay only \$23.00 total. (if out-of-limits, pay \$5.00 only one time.)

Instructor: Janelle Nordtvedt
Location: Ottawa High School. First meeting in Kingman Gym Lobby

Ages	Time	Dates	Fee
Entering 3rd-8th Grades	9:00-10:00 am	6/17-20	see above

Do you love to dance? Come join us at the Ottawa Recreation Pom Camp to learn funk, hip hop, pom and drill routines. **Fee is \$18.00 or sign up for both the Cheer and Pom Camps for only \$23.00 total.**

Instructor: Janelle Nordtvedt
Location: Ottawa High School. First meeting in Kingman Gym Lobby

Ages	Time	Dates	Fee
Entering 3rd-8th Grades	10:00-11:00 pm	6/17-20	see above

T-shirt included

Flips 'n' Fun Gymnastics Camps

Join us for afternoons of non-stop fun! Illinois Valley Gymnastics Academy is excited to offer 4 day-long gymnastics camps for kids ages 3-12. Participants will enjoy time on all four Olympic Events: Uneven Bars, Balance Beam, Vault, and Floor Exercises. In addition to gymnastics, participants will also enjoy unique warm-up activities, games, trampoline, and obstacle courses, including the Giant Inflatable Obstacle Course and Slide!

Illinois Valley Gymnastics Academy
302 E. Joliet St. Ottawa, IL 61350 (815) 434-1496
www.illinoisvalleygymnastics.com

***This is an introduction to basic gymnastics. Parents/Guardian MUST come into the gym on the first day and sign a liability release waiver or download one from illinoisvalleygymnastics.com. Children will NOT be allowed to participate without it.**

Camp Sessions will run Monday - Thursday
Location: Illinois Valley Gymnastics Academy

Ages	Time	Dates	Fee
Beginner Gymnastics 6-8 yrs	Session 1: 2:30-3:30 pm	6/10	\$18.00
Beginner Gymnastics 9-12 yrs	Session 2: 2:30-3:30 pm	6/17	\$18.00
Preschool Gymnastics 3-5 yrs	Session 3: 2:30-3:30 pm	6/24	\$18.00
Beginner Gymnastics 6-8 yrs	Session 4: 2:30-3:30 pm	7/1	\$18.00
No class Thursday 7/4 Class will be Friday 7/5			
Tumbling Only 6yrs	Session 5: 2:30-3:30 pm	7/8	\$18.00
Preschool Gymnastics 3-5 yrs	Session 6: 2:30-3:30 pm	7/15	\$18.00
Beginner Gymnastics 9-12 yrs	Session 7: 2:30-3:30 pm	7/22	\$18.00

Please Note: 20 participants maximum for Beginner Gymnastics.
15 participants maximum for Preschool Gymnastics.

Fishing Rodeo

Jack Gerding Memorial Fishing Rodeo

- Free to all children to age 12
- Prizes provided
- Families must furnish tackle. Participants should wear a life jacket or a tether rope.
- Held during Riverfest (see Riverfest brochure)
- Sign up at the Rodeo
- Children must be accompanied by an adult
- No Charge

Golf: Pine Hills

Register at Pine Hills Golf Club! (1665 N2501st Rd, Ottawa, IL 61350) Pine Hills Golf Club and their US Kids Certified Coaches use game based teaching to teach youth of all ages the game of golf while having fun! The itinerary for the clinics is kept fresh and changes year to year. Call Pine Hills Golf Club (815) 434-3985 for more information or to register. Check with Pine Hills regarding loaner clubs. Space is limited.

Instructor: Pine Hills Golf Pro Staff
Location: Pine Hills Golf Course

Beginner Camps

Ages	Time	Dates	Fee
5-7	8:30-9:45 am	6/17-19	\$22.00
8-10	10:30-11:45 am	6/17-19	\$22.00
11-13	8:30-9:45 am	6/24-26	\$22.00

Experienced Camps - Ages 8 and up

	Time	Dates	Fee
Swing Speed	9:00-10:30 am	7/8-10	\$60.00
Drills and training aids to increase MPH to club head speed.			
Highs and Lows	9:00-10:30 am	7/15-17	\$60.00
Covers the art of shorter shot types using different trajectories and methods.			
Pin Seekers	9:00-10:30 am	7/22-24	\$60.00
Covers a controlled, consistent iron swing to dial in distances to the pin.			

You must register for this camp through Pine Hills.

Ninja Zone

Join us for loads of Ninja Zone Fun! Illinois Valley Gymnastics Academy is excited to offer 4 day-long Ninja Zone camps for kids ages 3-11. Camp will offer entry level instruction to the all new sport discipline inspired by gymnastics, martial arts, obstacle training and freestyle movement. Our camp goals: Listening skills, confidence, trying new things, working through frustration, and manners. We do this though a strategic mix of skills and progressions.
Illinois Valley Gymnastics Academy 302 E. Joliet St. Ottawa, IL 61350 (815) 434-1496
www.illinoisvalleygymnastics.com

*This is an introduction to Ninja Zone. Parents/Guardian MUST come into the gym on the first day and sign a liability release waiver or download one from illinoisvalleygymnastics.com. Children will NOT be allowed to participate without it.
Camp Sessions will run Monday - Thursday
Location: Illinois Valley Gymnastics Academy

Ages	Time	Dates	Fee
Ninja Boys 3-4 yrs	Session 1: 1:30-2:30 pm	6/10	\$18.00
Ninja Boys 5-6 yrs	Session 2: 1:30-2:30 pm	6/17	\$18.00
Ninja Boys 7-11 yrs	Session 3: 1:30-2:30 pm	6/24	\$18.00
Ninja Boys 5-6 yrs	Session 4: 1:30-2:30 pm	7/01	\$18.00
No class Thursday 7/4 Class will be Friday 7/5			
Ninja Boys 7-11 yrs	Session 5: 1:30-2:30 pm	7/08	\$18.00
Ninja Girls 5-11 yrs	Session 6: 1:30-2:30 pm	7/15	\$18.00
Ninja Boys 5-6 yrs	Session 7: 1:30-2:30 pm	7/22	\$18.00

Please Note:

12 participants maximum for Beginner Ninja Zone. 10 participants maximum for Preschool Ninja Zone. 8 participants minimum for all classes.



Bike Fun Street Smart

Co-sponsored by Starved Rock Cycling Association and City of Ottawa, IL Parks and Recreation. A certified bicycling instructor from League of American Bicyclists will lead a FUN two-day evening bike ride and instruction.

The rides and instruction includes basics of bicycling, helmet wearing, equipment care, and riding in a group, and street smart riding along with treats after the ride.

The rides and instruction offered: Level one - new attendees – ages: 10 and up entering 4th-8th grade.

Level two – participates who have priorly attended - ages: 12 and up and 10 and up entering 4th -9th grade.

Participants are encouraged to attend both evenings. Please bring a bicycle in good working order with working brakes, tires and a mandatory helmet, water, snack and light if you have one. Reflective safety vest will be provided.

Location: Bethel Lutheran Church Parking Lot , 651 W. Madison St., Ottawa, IL.

Ages	Time	Dates	Fee
Entering 4th – 8th grades	5:00pm to 8:15 pm	6/24,6/26	\$5

Rain date 6/27.

Safety Town

What is Safety Town?

It's a safety education program designed to introduce ALL types of safety conditions to 4 and 5-year-old children. During a 20-hour course (two hours per day for 2 weeks) children learn safety behavior through THEIR OWN involvement. They do this by role-playing to simulated and actual life situations (under the guidance of teachers). Safety songs, art projects, stories, movies, resource people, and field trips combined with the actual practice, make this program a fun learning experience.

When will Safety Town be held?

The Safety Town program will offer two sessions. The first session is June 18th-29th in the morning from 9:00-11:00. The second session will be July 9th-20th in the morning from 9:00-11:00.

Where will Safety Town be held?

McKinley School will be the location for the outdoor and indoor activities.

Who may attend?

Four and five-year-old children may attend (children must be four by May 1st) and be pre-registered by June 9th for the first session and June 30th for the second session. Acceptance is on a first-come-first-serve-basis.

What is the cost?

A \$30.00 fee is required with the pre-registration form. A T-shirt is given to all participants.

****NOTICE TO FAMILIES LIVING OUTSIDE OTTAWA CITY LIMITS:** If you live outside Ottawa city limits, there is a \$5.00 fee per person per activity (limit \$20 per year) if participating in any city-sponsored program. If you live outside the city limits please add this fee.

Who can be contacted for questions concerning the program? Brittane Reding at redingb89@gmail.com

*****YOU WILL RECEIVE FURTHER INFORMATION THE WEEK PRIOR TO YOUR SESSION*****

Ages	Time	Dates	Fee
5yrs or 4yrs by May 1	Session 1: 9:00-11:00 am	6/17-6/28	\$30.00
5yrs or 4yrs by May 1	Session 2: 9:00-11:00 am	7/8-7/19	\$30.00

Softball Camp

This is a fun introduction to softball and skill camp for 5th-8th grade girls. We will be teaching fundamentals of throwing, catching, fielding, hitting, base running and the rules of the game. We will be playing softball skill games and contests daily, prizes will be awarded. Wear comfortable and weather appropriate softball attire along with tennis shoes or softball spikes. Campers should bring their own gloves, bats and helmets (if they do not have their own helmet or bat they can still attend camp). T-shirt included. No registration will be accepted at the field.

Instructors: Callie Schmidt, 8th grade and 7th grade Shepherd Middle School Head Softball Coach.

Location: Shepherd/Central Softball Field

Ages	Time	Dates	Fee
Entering 5th & 6th Grade	Session 1: 1:00-2:15 pm	6/17-6/20	\$18.00
Entering 7th & 8th Grade	Session 2: 2:30-4:00 pm	6/17-6/20	\$18.00



Speed and Strength Training 101

This will be an introductory course for incoming 7th and 8th graders in the area of speed and strength training. The focus of this course will be to teach the proper techniques for each athlete to begin an intense training program. Athletes will be introduced to dynamic/static stretching routines, abdominal training, plyometric training, agility training, and proper weight training techniques. Finally, in order to be successful in this course and beyond, there will be an emphasis on the key character traits and values including hard work, perseverance, dedication, and teamwork.

Mon, Wed, Thurs, June 10 - June 27

Instructor: Chad Gross Location: OHS West Gym - Drop off in East Lot.

Ages	Time	Dates	Fee
Entering 6th - 8th	11:00 am-12:00 pm	Mon, Wed, Thurs	\$15.00

Swim Lessons

A program set up for individuals of all ability levels, beginner to advanced. Swimmers will be grouped according to age and swimming ability. Regular participants will receive a T-shirt and award. Participants must be 6 by June 1. NO EXCEPTIONS WILL BE MADE. Recreation reserves the right to ask for proof of age. Limit 35 swimmers per session.

Instructor: Pool Staff Location: Riordan Pool

Ages	Time	Dates	Fee
6 and up	Session 1: 9:30-10:15 am	Mon-Thurs 6/17-27	\$18.00
6 and up	Session 2: 9:30-10:15 am	Mon-Thurs 7/1-11	\$18.00
		No lesson July 4th.	

Swim Lessons (Tiny Tots)

A swim program for first-time swimmers. Beginners only, Ages 3-5 ONLY. In this week-long course, the kids will learn water adjustment, introduction to basic swimming through songs and games as well as specific instruction. Swim skills include floating, kicking, putting face in water, front crawl, and water safety. The last day will be parent swim day.

Limit 15 per session: Minimum of 5.

Instructors: YMCA Swim Staff Location: YMCA

Ages	Time	Dates	Fee
3-5	Session 1: 1:00-1:30 pm	6/10-15	\$22.00
3-5	Session 2: 1:00-1:30 pm	6/17-21	\$22.00
3-5	Session 3: 1:00-1:30 pm	6/24-28	\$22.00

Tae Kwon Do Camps

LITTLE NINJAS SELF-DEFENSE TRAINING

is an awesomely fun camp for younger martial arts enthusiasts! We improve body control through lots of highly energetic games and drills. Students will learn basic kicks, blocks, and punches on the first three days. On Thursday, we invite family and friends to watch the students demonstrate their new skills and break a board. Please wear comfortable athletic clothing & bring a water bottle. Students will be barefoot. (20 openings per session).

Location: Duque Institute Facility 4022 Tyler Drive. Left off of the road to Wal-Mart

Ages	Time	Dates	Fee
5-7	Session 1: 1:00-2:00 pm	6/17-20	\$18.00
5-7	Session 2: 2:30-3:30 pm	6/17-20	\$18.00
5-7	Session 3: 1:00-2:00 pm	7/8-11	\$18.00

Taught by Professional Black Belt Masters

TAEKWONDO CAMP

is a highly energetic camp for 8-12 year olds. Instructors teach basic Taekwondo skills - kicks, blocks and punches - as well as lots of games and fun. This camp is great for building self-confidence by trying and enjoying new challenges and gaining new skills. On Thursday, we invite family and friends to watch the students demonstrate their new skills and break a board. Please wear comfortable athletic clothing & bring a water bottle. Students will be barefoot. (20 openings per session)

Location: Duque Institute Facility 4022 Tyler Drive. Left off of the road to Wal-Mart

Ages	Time	Dates	Fee
8-12	Session 4: 2:30-3:30 pm	7/8-11	\$18.00

Taught by Professional Black Belt Masters

Tennis Lessons

Tennis lessons for those entering **third through twelfth grades**. This is a progressive program of skill development for players of all levels. Lessons include basic strokes, scoring, and competitive games and tournaments. Players are encouraged to enter the Ottawa Recreation Tennis Tournament held mid-July. Adults may stop at OHS Courts during lesson time to arrange evening lessons.

T-shirt included. **Ask about our racket loaner program.**

Lessons 6/11-7/12. Mon. - Fri.

Location: Ottawa High School Tennis Courts

Fee: \$50.00 covers lessons and tournament entry.

Ages	Time
3rd & 4th grade	Session 1 9:00-10:00 am
5th & 6th grade	Session 2 10:00-11:00 am
7th & 8th grade	Session 3 11:00-12:00 pm
High School Boys/ Games & Play	Session 4 9:00-10:30 am / 1:00-2:30 pm
High School Girls/ Games & Play	Session 5 10:30-12:00 pm / 1:00-2:30 pm
2:30-3:30 pm Rain Out Make Up Time	TBA

Munchkin Tennis

A introductory tennis program offered for players who are entering first or second grades. Instructors use games and contests to teach basic racket skills, rules, and play skill games. A great introduction to the sport! T-shirt included.

Instructor: Recreation Tennis Crew Location: Ottawa High School Tennis Courts

Ages	Time	Dates	Fee
Entering 1st/2nd	8:30-9:00 am	6/12-7/12 Mon, Wed, Fri	\$10.00



Ottawa Recreation Tennis Tournament

Age divisions for Singles-Doubles **10 years and under, 11-13 years, 14 to 17 years, 18 to 40 years, Over 40 years, Family Competitive, Family non-competitive.** Register at the Tennis Courts or at the Recreation Office by 4pm on **Thursday, July 11th.** Trophies awarded.

Location: Ottawa High School Tennis Courts Dates: July 15-19

No cost to enter if in city limits. \$5 to enter if out-of-limits.

Urban Photo Safari

Let Annette take you on an exciting Urban Photo Safari! You and your fellow campers will head out into the urban wild armed with your cameras and an assignment. But first, you will learn how to use your point-and-shoot camera and what some of those settings mean. After our equipment review it'll be off to the wilds of the Ottawa streetscapes and alleyways to see what we can discover while viewing the seemingly normal world around us from a different point of view. Campers will be encouraged to look beyond everyday items to discover interesting textures and light patterns. What happens when we look at something from a new perspective? Day two will start with a review of what we have learned so far before heading out again on a scavenger hunt. After two days of shooting it will be time to edit our assignment down to our best images and select those that will be printed. This is a chance for everyone to show off their best images and for the campers to discuss them. Also we will talk about what everyone has learned. The photos will then be displayed at an art show later in the summer (included in cost). Each session limited to 14 campers. Early registration is strongly suggested.

Students must bring their own digital cameras with clean memory cards and charged and extra batteries.

Instructor: Annette Barr

Starting Location: Lobby of Central Life Building - 628 Columbus St.

Time: Tuesdays and Thursdays from 10am-12pm.

Ages	Time	Dates	Fee
4-6th Grades	Session 1: 10:00 am-12:00 pm	6/11, 6/12, 6/13	\$18.00
5-8th Grades	Session 2: 10:00 am-12:00 pm	6/17, 6/19, 6/21	\$18.00
7-12th Grades	Session 3: 10:00 am-12:00 pm	6/24, 6/26, 6/28	\$18.00
4-8th Grades	Session 4: 10:00 am-12:00 pm	7/15, 7/17, 7/19	\$18.00

Art Show for all four camps - TBA

Ottawa High School Volleyball Clinic

Learn the basic and advanced skills for recreational and competitive volleyball with the OHS volleyball coaching staff, OHS Varsity players, and Head Coach Jenn Crum. We will cover passing, serving, setting, hitting, blocking, and basic offense, along with a focus on individual and team skills for game play. T-shirt included.

Location: Ottawa High School (Kingman and Love Gyms)

Session 1: Introduces the basic fundamentals, rules, and fun of the game. Entering Grades 5-6, **co-ed**.

Session 2: We will build on the beginning level skills and prepare the junior high and next level player. Entering Grades 7-8, **co-ed**.

Ages	Time	Dates	Fee
Entering Grade 5-6	Session 1: 8:00-9:30 am	7/8-11	\$18.00
Entering Grades 7-8	Session 2: 9:45-11:45 am	7/8-11	\$18.00

Ottawa Volleyball Skill Specific Clinics

New this year! Ottawa HS will offer volleyball clinics for entering 6-8th grade players that would like to work on specific volleyball skills. The clinics will focus on setting (2 days), defense, and hitting/blocking. We will separate by level, give general feedback and specific form corrections. Setting limited to 15 participants, defense, hitting/blocking limited to 25. These clinics will be run by the OHS coaches, assisted by JV and Varsity players. Water will be provided.

Pay at the door only.

Location: Ottawa High School (Kingman Gym)

	Time	Dates	Fee
Setter Camp	8:00-10:00 am	7/18-19	\$15.00 for both days
Defense Clinic	10:00 am-12:00 pm	7/18	\$10.00
Hitting/Blocking Clinic	9:30 am- 12:00 pm	7/19	\$10.00

These are not Ottawa Recreation Camps.

Volley Tots Volleyball Camp

This camp is for kids entering first through third grade who are interested in experiencing all the fun the sport of volleyball has to offer. Through engaging activities and games, participants will be learning volleyball skills, hand-eye coordination, court movement, footwork and agility and the basic rules of the game. Everything about this camp is sized just right for the players – the court, the net, and the volleyballs. The coaching staff will include local high school and junior high school coaches and players from local high school varsity volleyball teams. Limit 35 campers. T-shirt included.

Location: Marquette's Elementary Gym

Instructor: Marquette Volleyball Staff

Ages	Time	Dates	Fee
1st - 4th Grades	1:00-2:00 pm	7/9-7/10	\$13.00

Crafts

Craft projects are moderately difficult and involve the use of markers, glue, and scissors. Projects take approximately 1/2 hour to construct. 12 projects total.

Location: Morning and Afternoon Parks

Ages	Days	Time	Dates	Fee
7-12	Every Tuesday and Thursday	9:30 and 1:30	6/11-7/18 (for the summer)	\$5.00

Beginner Wrestling Camp

Wrestling is one of the oldest sports and a martial art. Almost every dominant MMA fighter has a wrestling background. This camp is designed to teach the basics of wrestling. We will work at a slower pace and will teach the basic moves that lead to success in the sport. In this camp, we will work specifically on stance, movement, starting positions, takedowns, escapes, reversals and turns. Attacking will be taught at all levels. T-shirt included.

Instructor: Pete Marx, OHS Head Wrestling Coach

Location: OHS Cafeteria

Ages	Time	Dates	Fee
Entering 1st-4th Grades	9:00-10:15 am	6/11-14	\$15.00



Advanced Wrestling Camp

Do you want to improve your skill set? Do you want to be a dominant force next year on the mat? If so, come to the Advanced Wrestling camp and learn the techniques to become great. In this camp we show you some more advanced techniques and finishes from the feet, including collar tie offense, trips and throws. We will also focus on tilts and turns, reversal series, and various pinning combinations. Wrestlers should bring headgear if they have it. T-shirt included.

Instructor: Pete Marx, OHS Head Wrestling Coach

Location: OHS Cafeteria

Ages	Time	Dates	Fee
Entering 5th-8th Grades	10:15-11:30 am	6/11-14 (Tues-Fri)	\$15.00

Chicago Fire Soccer Camp

Hosted by Ottawa Soccer Club (OSC), Chicago Fire trainers will conduct a soccer camp the week of July 15, Monday-Friday. Chicago Fire Summer Camps are the only camps throughout the Midwest operated by a professional soccer club. Attending the camp is a great way to prepare for the OSC Fall soccer season. Cost is \$125 per player for ages 6-14 and \$75 for ages 3-5. Ages 3-5 receive instruction from 8-9am and ages 6-14 receive instruction from 9-Noon. Price includes instruction, player evaluation, a dri-fit jersey, plus a free companion ticket to a Chicago Fire game @ SeatGeek Park! Please bring shin guards, ball, water and wear sunscreen.

Register by clicking on the SUMMER CAMP link at www.ottawasc.com/chicagofire

Location: Old Central School Park, Ottawa, Illinois.

This is not an Ottawa Recreation Camp.

Tiny Tots

The six week program includes simple crafts, coloring, and many surprises. Projects take approximately 1/2 hour to construct. 12 projects total. Tiny Tot parents are especially encouraged to stay with their child to assist in the construction of the project.

Location: Morning and Afternoon Parks

Ages	Days	Time	Dates	Fee
3-6	Every Tuesday and Thursday	10:45 & 2:45	6/11-7/18 (for the summer)	\$5.00

www.ottawarecreation.org
Email us at cityrec@cityofottawa.org

YMCA/Ottawa Rec. Soccer Clinic

The clinic will stress the fun in the fundamentals of soccer. This camp teaches basic fundamentals of soccer: dribbling, passing and ball control through drills and mini-games. Please bring water. 30 kids Max each age group. 10 kids Minimum.

Instructor: Ottawa YMCA Staff Location: Soccer field south of Riordan Pool.

Ages	Time	Dates	Fee
Pee Wee (ages 3-5)	Session 1: 9:00-10:00 am	6/17-20	\$15.00
Entering K - 1st Grade	Session 2: 9:00-10:00 am	6/17-20	\$15.00
Entering 2nd - 4th Grade	Session 3: 10:00-11:00 am	6/17-20	\$15.00
Pee Wee (ages 3-5)	Session 4: 10:00-11:00 am	6/17-6/20	\$15.00

Ottawa High School Soccer Camp

As a former college soccer player and current high school soccer coach, Coach Porter is excited to be able to develop soccer skills through the city rec summer camp program. This soccer camp will be focused on learning the game of soccer including the individual skills needed in the game as well as the teamwork needed. We will be building soccer fundamental skills of passing trapping and shooting, and knowing the positions on a soccer field. The camp will include fundamental skills building drills, as well as, various games to grow creative thinking, problem solving, and teamwork abilities.

Location: OHS Soccer Fields

Ages	Session	Time	Dates	Fee
Entering 3rd-4th grades	1	8:15-9:00 am	7/22-26	\$18.00
Entering 5th-6th grades	2	9:00-10:00 am	7/22-26	\$18.00
Entering 7th-8th grades	3	10:00-11:00 am	7/22-26	\$18.00
Entering 9th and up	4	11:00 am-12:00 pm	7/22-26	\$18.00



Professional Level Instruction Soccer Camp

Gordan Raketec, the director of our upper level camp, played professional soccer for 18 years in Europe with teams in Slovenia, Austria, Spain and France. His distinguished career included several runs in the European Champions League, advancing as far as the semifinal round on three separate occasions. After moving to the US, he has trained and coached youth soccer mainly in Wisconsin and Illinois, achieving success at the State and National levels. A large part of that process is instilling the love for the game, a fact to which countless players under his tutelage will give testimony.

Ottawa Recreation is excited to offer this high level of soccer camp instruction. A camp taught by an internationally renowned teacher of Gordan's caliber might cost over \$100 in some settings. Ottawa Recreation is proud to be able to offer this camp at a fraction of the cost. **Camps include both boys and girls. Players will be divided into age appropriate groups each day at the camp.** Players should wear proper shoes, shin guards, athletic shorts and shirts. Campers are encouraged to bring their own water and a soccer ball. Price includes T-shirt.

Location: Whitney Field Soccer Field (North of IDOT building off of Champlain St.).

Ages	Time	Dates	Fee
Entering 2nd-12th Grades	Session 1: 9:00-10:30 am	6/17-6/21	\$40.00

Sports of All Sorts!

All boys and girls 3-5 years old are welcome to participate in our Sports of All Sorts program! Basic fundamentals, motor skills, and having fun are stressed for all sports learned. Come learn activities and games that are developmentally appropriate, build self-confidence, and encourage social interactions with children their age. **This class is held at the Y in the big gym. Limit of 40**

Bitty Basketball	Tiny Touchdowners
T-Ball Tuffies	Jungle Gymnasts

Ages	Time	Dates	Fee
3-5 Years Old	Session 1 9:00-10:00 am	6/24-27	\$15.00

Recreation Swim Days

Enter with your park supervisors and pay only \$1.00 entrance fee. Transportation from parks provided by NCAT busses. See park supervisors for details, or call The Rec office (434-7292)

Begins Friday, June 14th for afternoon parks, Monday, June 17th for morning parks.

Mondays – Morning Parks Swim
Parks: Lincoln, Turnberry, Kiwanis, and Lincoln-Douglas

Fridays – Afternoon Parks Swim
Parks: Vittone, East Side, McKinley, and Rigden

Location: Riordan Pool

Swim rules for \$1 admission:

- Must enter with an Ottawa Recreation Park Supervisor on Monday or Friday afternoons only. The program ends July 22.
- Must exit and be picked up when the supervisors leave the pool.
- Must be 15 or younger. Those 16 years and older must pay full admission.
- Children 5 and younger must be accompanied by an adult family member 16 years old or older.
- Must follow all pool rules.

There are no exceptions to these rules



www.ottawarecreation.org
Email us at cityrec@cityofottawa.org

Ottawa Recreation 2019 Special Events

June Events

Sidewalk Chalk Contest & Game Days

Show off your art skills and decorate your park's sidewalks!
Meet the supervisors! Win prizes!

Time	Date
During regular morning or afternoon park.	6/12



Peck Park Picnic

Old time picnic games, races, fun, and prizes!

Location: Peck Park

Time	Date	Cost
10:00 am-2:00 pm	6/19	\$1.00 for Lunch (hot dog, chips, M&M's, pop/water)

Lunch will be from 11:45-12:00 only.

Transportation provided. See park supervisors for details or call the Rec Office (434-7292)

Rob Thompson Magic Show and Rigden Play Afternoon

Rob Thompson Magic Show

Come to a free show put on by a nationally acclaimed magician!

Location: Central School

Time	Dates	Cost
10:15 am	6/26	FREE

Magic Merchandise For Sale \$5.00-\$15.00

Transportation provided. See park supervisors for details or call the Rec Office (434-7292)

Rigden Play Afternoon

Location: Rigden Park

Time	Dates	Cost
1-4 pm	6/26	FREE

Check with park supervisors regarding transportation times and details.

July Events

Morning Movie & Afternoon at The Parks

Movie: Toy Story 4

Morning Location: Roxy Cinemas -- Refreshments available for purchase.

Time	Date	Cost
Doors open at 9:15 am	7/3	\$2.00
Movie starts at 10:00 am		

(Does not include refreshments!)

Afternoon Location: All parks open in the afternoon 1:30 to 4pm.
Transportation provided. See park supervisors for details or call the Rec Office (434-7292)

Bowling Party!

Location: Pinheadz Bowling Alley (1758 Ottawa Ave.)

Time	Date	Cost
1:00-3:30 pm	7/10	\$1.00

Fee includes an afternoon of bowling, shoe rental, and one free drink!
Come spend a cool afternoon bowling with Ottawa Recreation at one of LaSalle County's premier bowling alleys. Play fun games, win prizes, and have a "ball" (A bowling ball, that is)!

Perfect for kids age six and older! Check with Park Supervisors or the Rec office for transportation details.

All City Swim Days

Location: Riordan Pool

Time	Date	Cost
All Day	6/19, 7/17, 8/7	\$1 per person

Come swim with Ottawa Recreation on all city swim days. All day pool admission will be just \$1 for everyone! Regular Pool Rules apply.

Rec Parks will field trip to the pool 7/17 for a special event.

See you at the pool!

Game Carnival

Location: Rigden Park

It's our end-of-the season party! Carnival midway games and prizes!
Perfect for children ages 3 to 10 years old.


Check with park supervisors regarding details.

Time	Date	Cost
1:15-3:15 pm	7/24	10¢ per game

Ottawa Recreation ● June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Mail in Registration Continues	4	5	6	7 Mail in Registration must be received today!	8
9	10 Walk-in Registration at Shepherd Cafeteria 1:30-4:30 pm	11 First Day Supervisors at the Parks!	12 Sidewalk Chalk Contest & Game Days	13	14 Recreation Swim Days Riordan Pool See details on page 9	15
16	17 Recreation Swim Days Riordan Pool See details on page 9	18	19 Peck Park Picnic Time: 10am-2pm Cost: \$1 for Lunch All City Swim Day Time: All Day Cost: \$1 Riordan Pool	20	21 Recreation Swim Days Riordan Pool See details on page 9	22
23	24 Recreation Swim Days Riordan Pool See details on page 9	25	26 Magic Show Location: Central School Time: 10:15 am Cost: FREE Rigden Play Afternoon Time: 1-4 pm, Cost: FREE	27	28 Recreation Swim Days Riordan Pool See details on page 9	29
30						

Ottawa Recreation • July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Recreation Swim Days Riordan Pool See details on page 9	2	3 Morning Movie & Afternoon at The Parks Morning Location: Roxy Cinemas Cost: \$2 Doors open 9:15am Movie 10am. Afternoon Location: All parks open in the afternoon 1:30 to 4pm.	4 No Rec Activities 	5 Recreation Swim Days Riordan Pool See details on page 9	6
7	8 Recreation Swim Days Riordan Pool See details on page 9	9	10 Bowling Party Time: 1:00-1:30 pm Cost: \$1 Pinheadz Bowling Alley	11	12 Recreation Swim Days Riordan Pool See details on page 9	13
14	15 Recreation Swim Days Riordan Pool See details on page 9	16	17 All City Swim Day Time: All Day Cost: \$1 Riordan Pool	18	19 Recreation Swim Days Riordan Pool See details on page 9	20
21	22 Recreation Swim Days Riordan Pool See details on page 9	23 Last Day with Supervisors at the Parks	24 Game Carnival Time: 1:15-3:15 pm Cost: 10¢ per game	25	26	27
28	29	30	31			